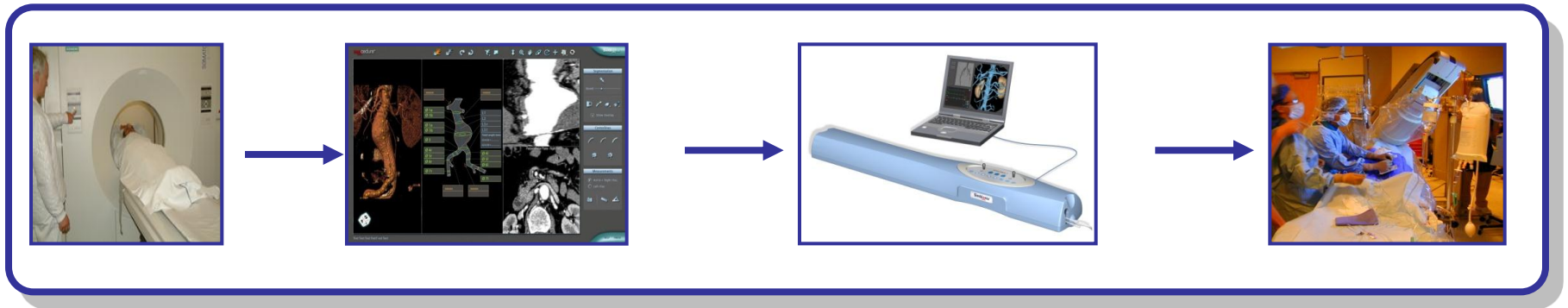


# Simulation *Rehearsal* before endovascular interventions: Why it *improves* our practice.



I. Van Herzeele, L. Desender, W. Willaert on behalf of  
European Virtual Reality Endovascular REsearch Team (EVEREST)

# Disclosures

**X** I have the following potential conflicts of interest to report:

**X** Research/educational grants

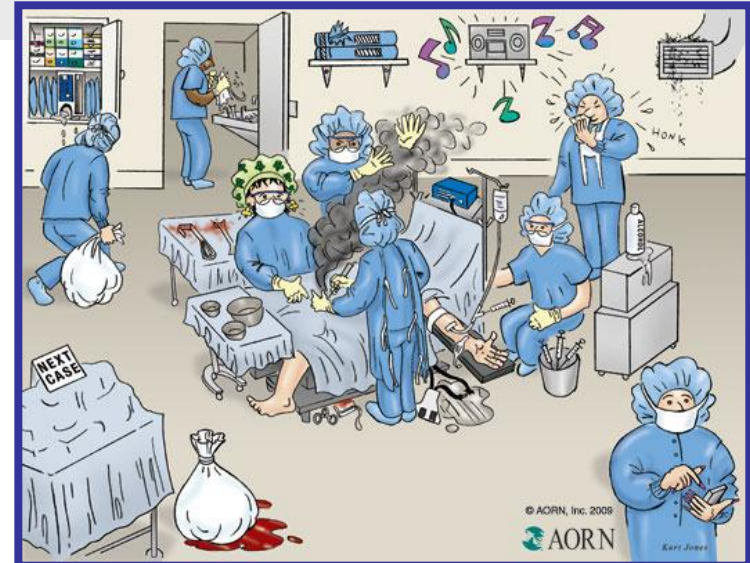
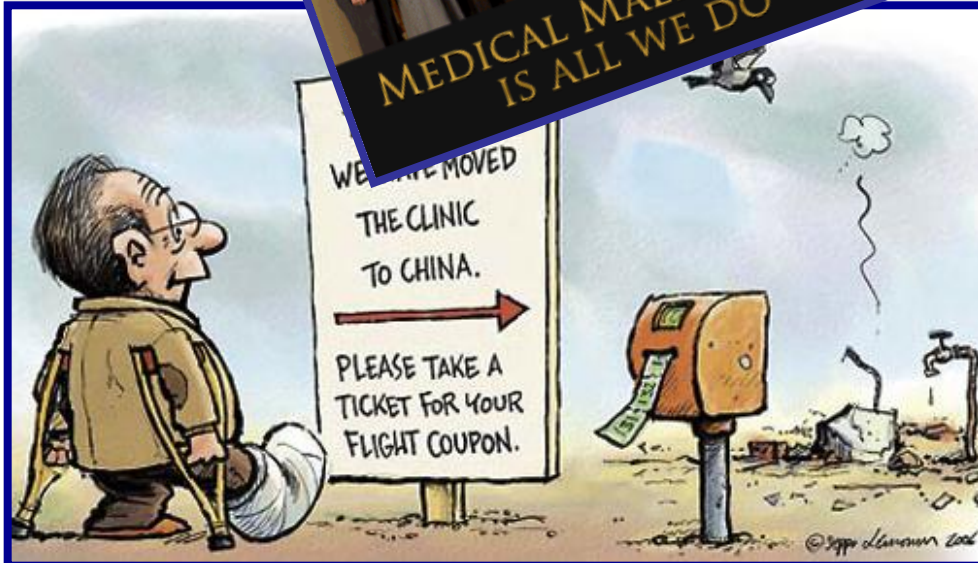
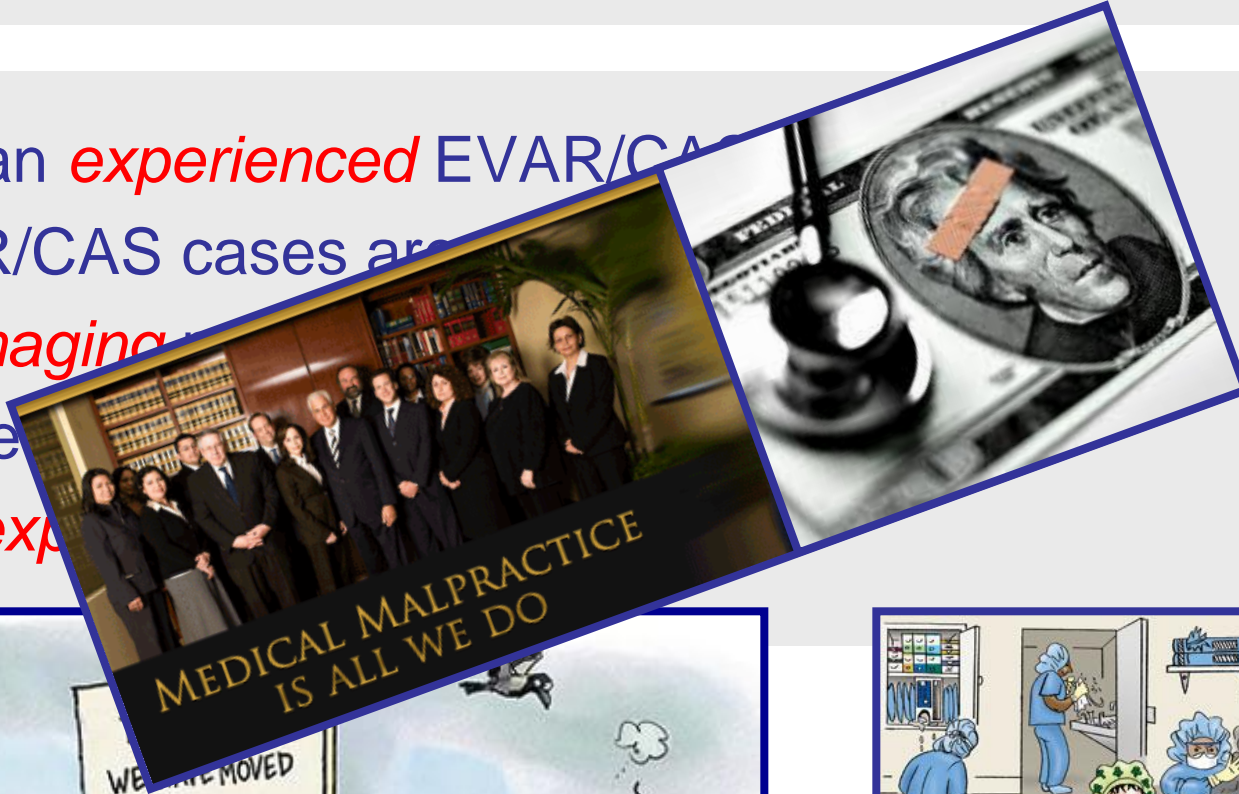
- W.L. Gore & Associates, Flagstaff , USA
- Simbionix, Cleveland, Ohio, USA

**X** Consulting Silkroad Road Medical, Sunnyvale, CA, USA

- Employment in industry
- Stockholder of a healthcare company
- Owner of a healthcare company

# We don't need simulation...

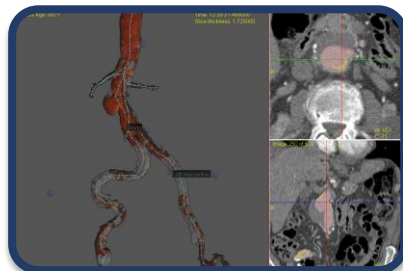
- I am an *experienced* EVAR/CAS
- EVAR/CAS cases are
- *3D imaging*
- Waste
- Too *exp*



# Simulation Rehearsal



AAA > 55 mm  
Iliac Aneurysm  
> 30 mm



3D  
segmentation



VR



Real case

Technical factors

- C-arm position
- Procedure time
- Fluoroscopy time
- Contrast volume
- # Angiograms

Subjective Questionnaire

	Not at all			Very much	N/A
<b>REALISM</b>					
1. The procedure simulation of EVAR was as realistic as the real case.	1	2	3	4	5
2. The rehearsal environment was appropriate	1	2	3	4	5
3. The rehearsal environment contributed to the realism of the simulation	1	2	3	4	5

Desender L et al. *Eur J Vasc Endovasc Surg* Submitted

# *Plan/Rehearse ALL aspects of the intervention*

- *Selection*
  - Case
  - Device
  - Endovascular tools
- *Technical skills for the team*
  - C-arm angulation
  - Sequence
  - Pitfalls
- *Human factor skills*



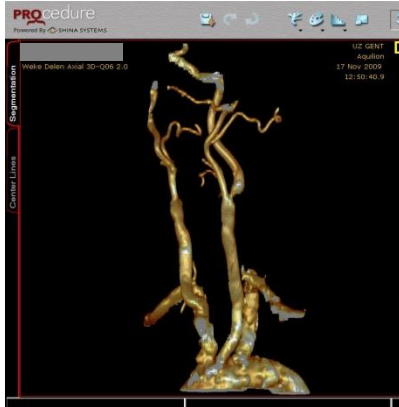
*Lab vs. In-situ Simulation*



Willaert W et al. *Br J Surg* 2012; 99(9):1304-13

# 1. Selection - Case

**Green**



Left ICA score :< 4.9

**Amber**



Left ICA score: 5.0-5.9

**Red**

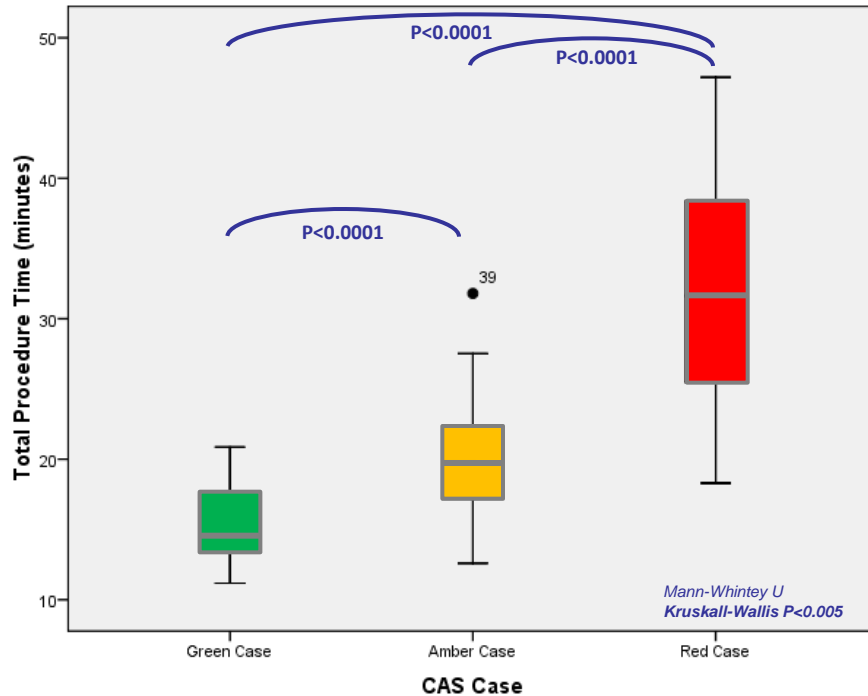


Right ICA score > 7.0

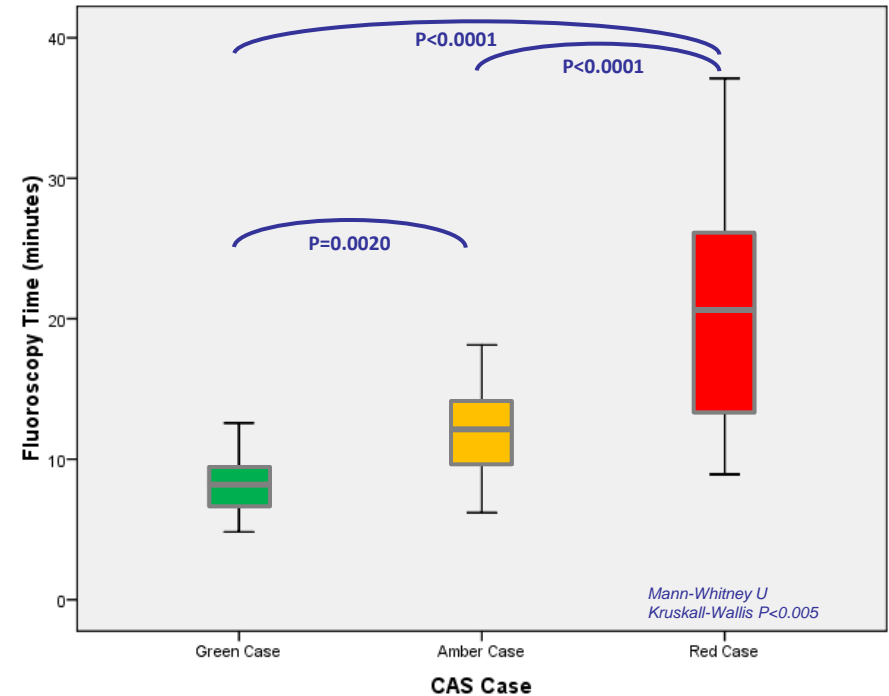
	Normal artery		ICA stenosis		Bilateral CCA		Normal artery		ICA stenosis		Bilateral CCA	
	Normal target vessel	Applicable distal ICA	Normal target vessel	Applicable distal ICA	Normal target vessel	Applicable distal ICA	Normal target vessel	Applicable distal ICA	Normal target vessel	Applicable distal ICA	Normal target vessel	Applicable distal ICA
Head/neck	5.0	5.0	5.0	5.0	5.0	5.0	5.0	5.0	5.0	5.0	5.0	5.0
Stroke	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0
Plaque	2.0	2.0	2.0	2.0	2.0	2.0	2.0	2.0	2.0	2.0	2.0	2.0
Stenosis	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0
Head/neck	5.0	5.0	5.0	5.0	5.0	5.0	5.0	5.0	5.0	5.0	5.0	5.0
Stroke	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0
Plaque	2.0	2.0	2.0	2.0	2.0	2.0	2.0	2.0	2.0	2.0	2.0	2.0
Stenosis	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0
Head/neck	5.0	5.0	5.0	5.0	5.0	5.0	5.0	5.0	5.0	5.0	5.0	5.0
Stroke	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0
Plaque	2.0	2.0	2.0	2.0	2.0	2.0	2.0	2.0	2.0	2.0	2.0	2.0
Stenosis	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0

Macdonald S et al. *Stroke* 2009; 40: 1698-703

## Total Procedure Time (mins)



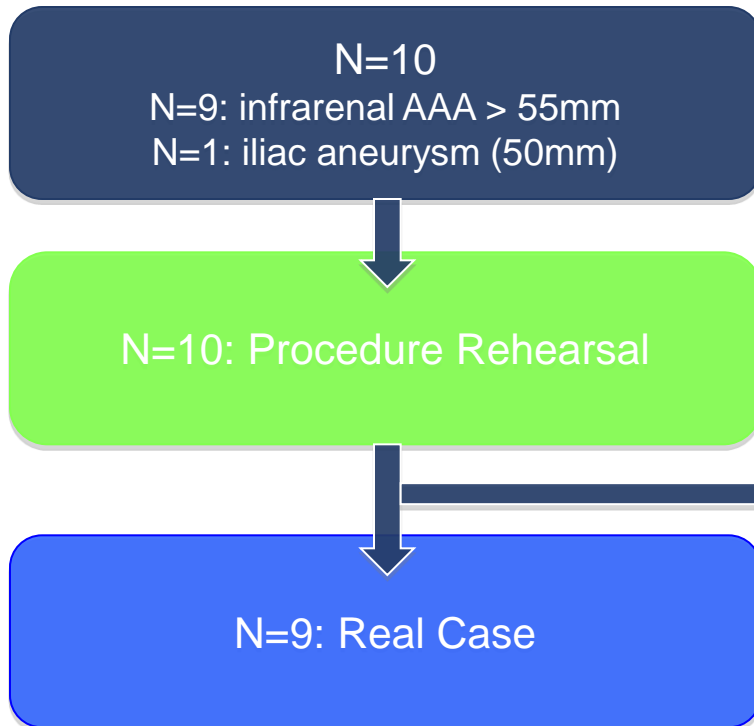
## Fluoroscopy Time (mins)



**Red case:** 10/20 >15 minutes to cannulate CCA  
**Amber case:** 2/20  
**Green case:** 0/20

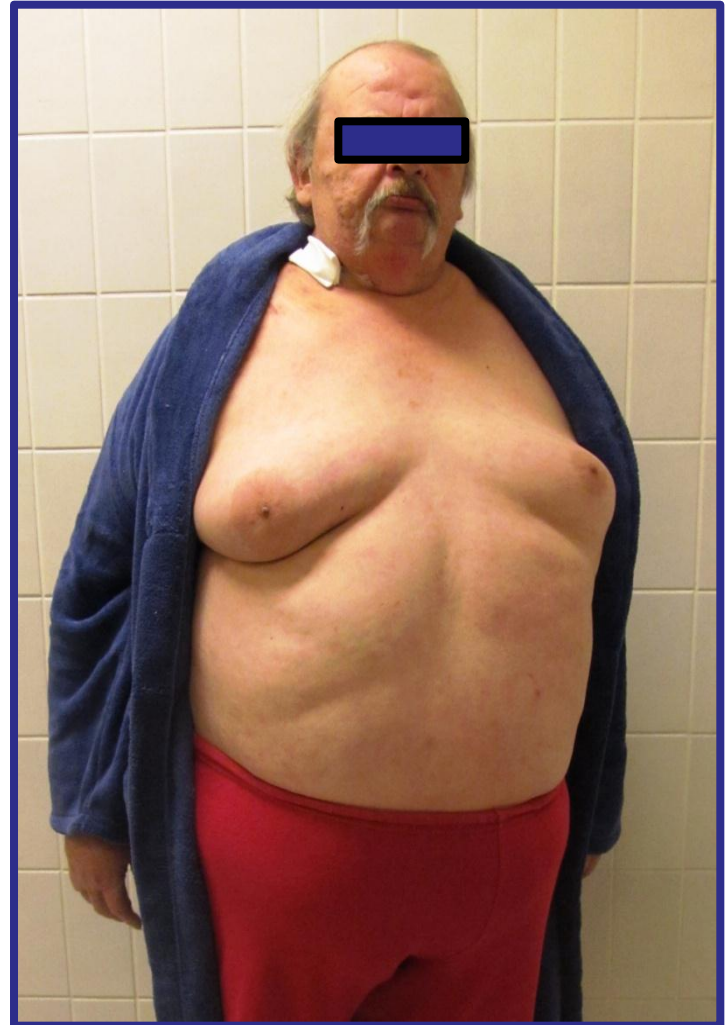
Willaert W et al. *J Vasc Surg* 2012; 56(6): 1763-70

# Device choice





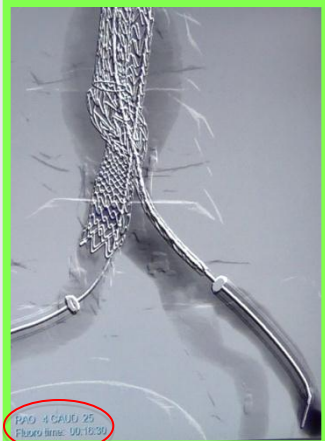



## 2. *Technical factors*

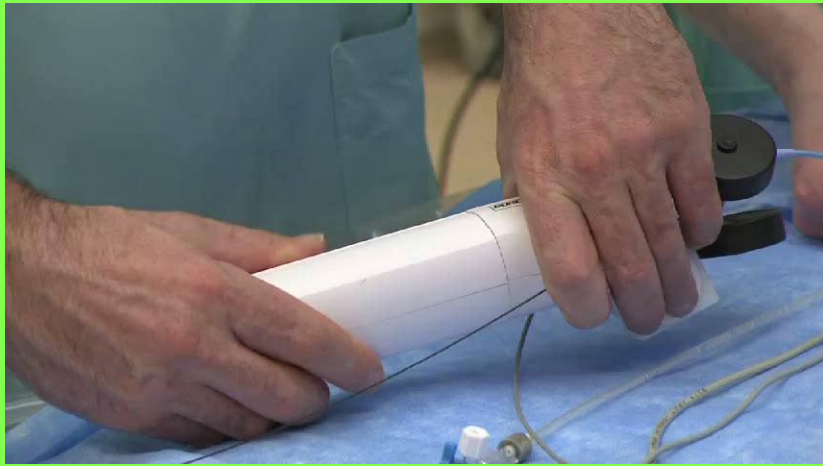


# C-arm: Elimination of the parallax



	Simulation	Real Case
<b><u>Proximal</u> landing zone</b>	7/9 	6/9 (CC & OB) 3/9 (CC or OB) 
<b><u>Distal</u> landing zone</b>	6/9 	4/9 (CC & OB) 2/9 (CC or OB) 

# Technical skills



# Pitfalls

	Not at all				Very much	N/A
This simulation is useful for me to practice the “real” case prior to performing it on the patient	1	2	3	4	5	
The simulation helped me gather important information for the real case	1	2	3	4	5	
The simulation helped me evaluate potential difficulties with the real case	1	2	3	4	5	



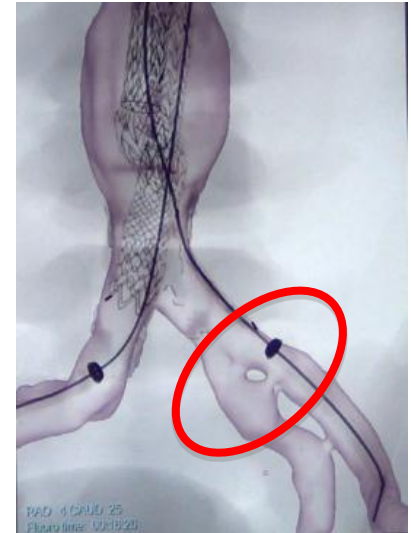
# 3. Human Factor Skills

	Not at all				Very much	N/A
<b>TEAMWORK AND COMMUNICATION ISSUES</b>						
The simulation aided the coordination between team-members in the real case	1	2	3	4	5	
The simulation aided the communication between team-members in the real case	1	2	3	4	5	
The simulation enhanced my confidence for the real intervention	1	2	3	4	5	



# Limitations

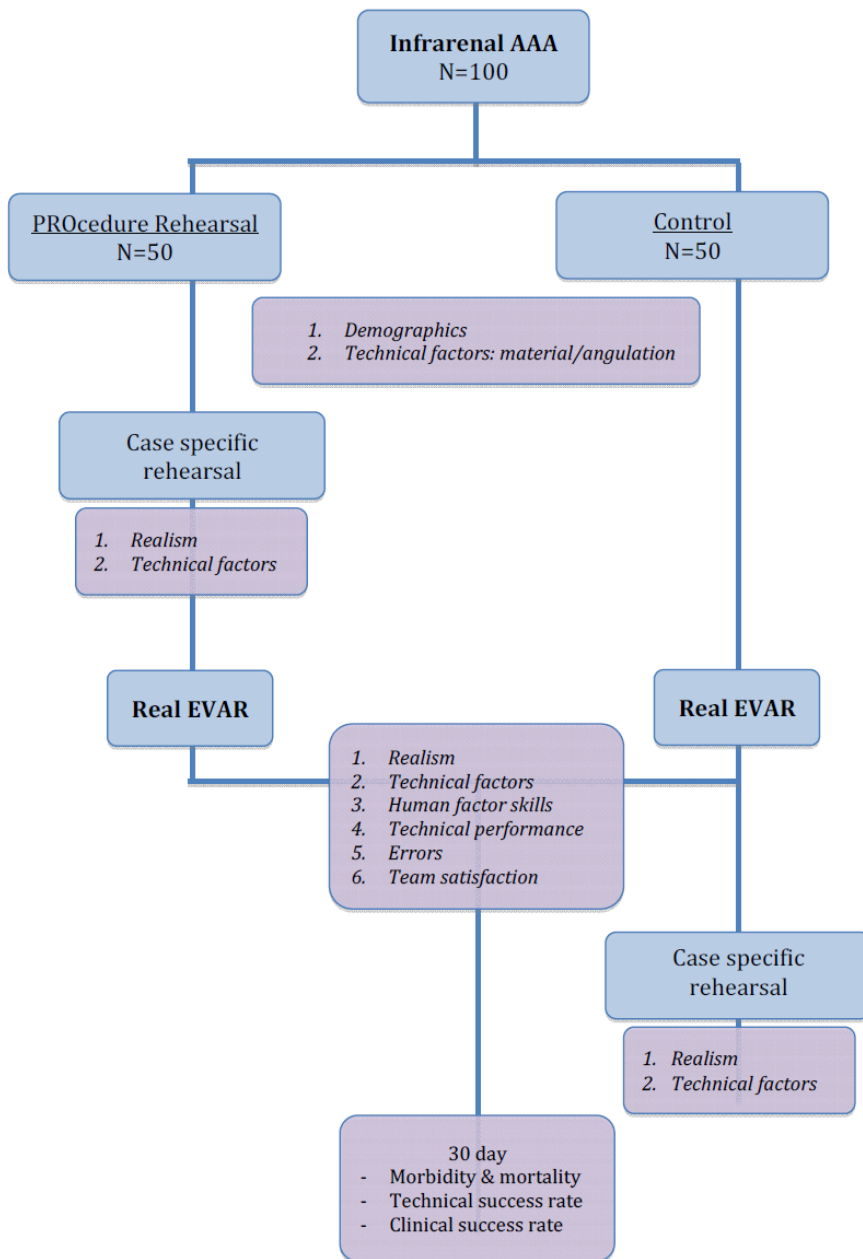
- Biomechanical properties
- Device with infrarenal fixation
- Time consuming
- Cost





# Case - Specific Rehearsal

- Cognitive rehearsal = Planning ✓
- Psychomotor rehearsal = Hands-on ✓
- Crew Resource Management = Team ✓



## RCT EC/2012/412

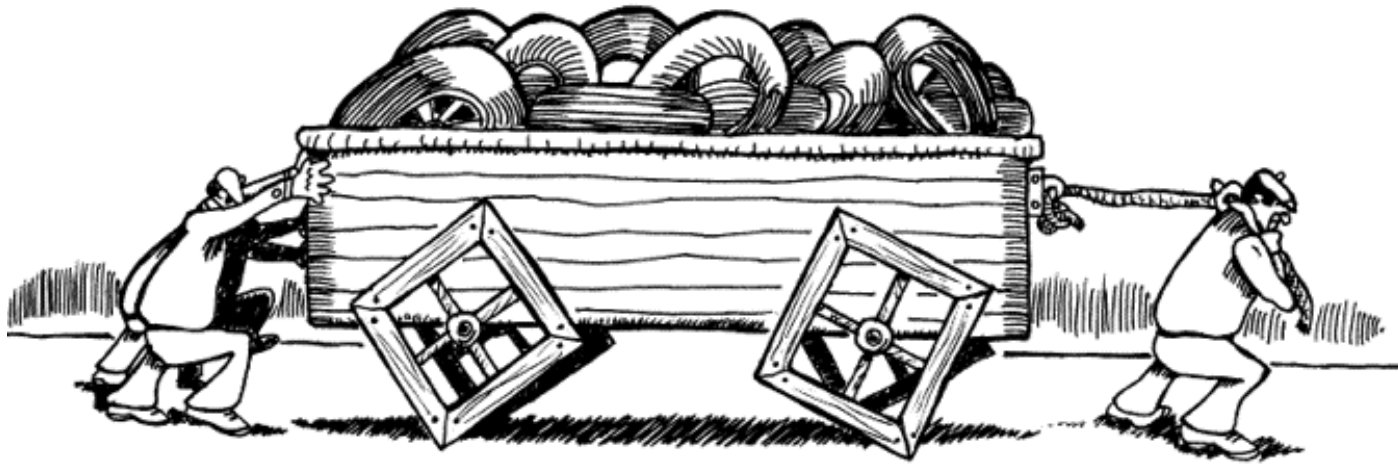
### – Primary objectives

- Technical parameters
- Number of errors (ICECAP)

### – Secondary objectives

- Realism
- Team satisfaction
- Technical and clinical success rate





## Why use **Square Wheels**? **ROUND WHEELS** already exist!

“...medicine is a *team* sport, with two exceptions: people's lives depend on it and there are no coaches.”

In sports, when the team loses, the whole team loses, but in medicine, *only* the patient loses.

*Atul Gawande*