

# BARE METAL STENTS FULFILL THEIR GOALS

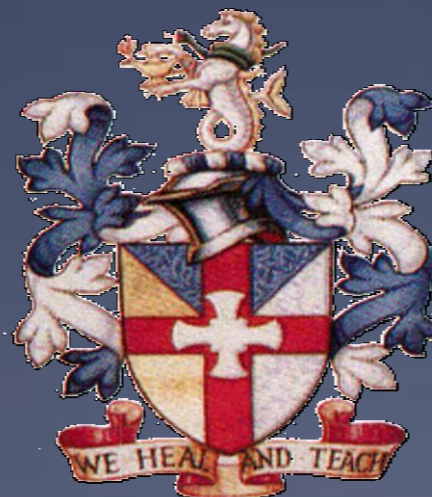
**Mr Adriano Sala Tenna** BSc, MBChB, AFRCSEd

Specialty Trainee, Vascular Surgery

**Dr Sumaira Macdonald** MBChB (Comm.), FRCP, FRCR,  
PhD,

Consultant Vascular Radiologist & Honorary Clinical  
Senior Lecturer,

Freeman Hospital, Newcastle, UK



# FACULTY DISCLOSURE

- ADRIANO SALA TENNA
- I HAVE NO FINANCIAL RELATIONSHIPS TO DISCLOSE
- CACVS 2013

# INTRODUCTION

- Explore level 1 evidence of benefit over “standard” therapy
- Highlight shortfalls
- Consider future directions



# GOALS

- ① Achieve patency
- ① Maintain patency
- ① Avoid mechanical failure

# ACHIEVEMENT AND MAINTENANCE OF PATENCY

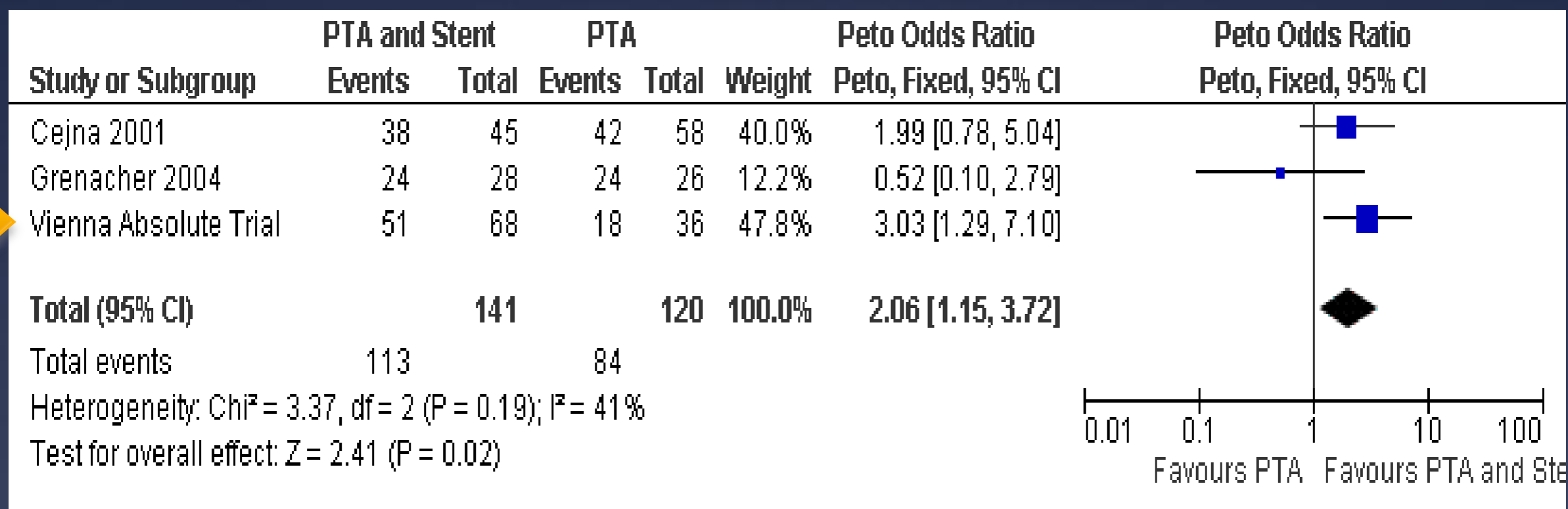
# ANGIOPLASTY VS STENTING FOR SFA LESIONS

## Cochrane Database of Systematic Reviews 2009

- Becquemin 2003
- Cejna 2001
- Grimm 2001
- Grenacher 2004
- FAST Trial
- Vienna ABSOLUTE Trial
- Vroegindeweij 1997
- Zdanowski 1999

# PTA vs STENTING

## 6 month angiographic patency



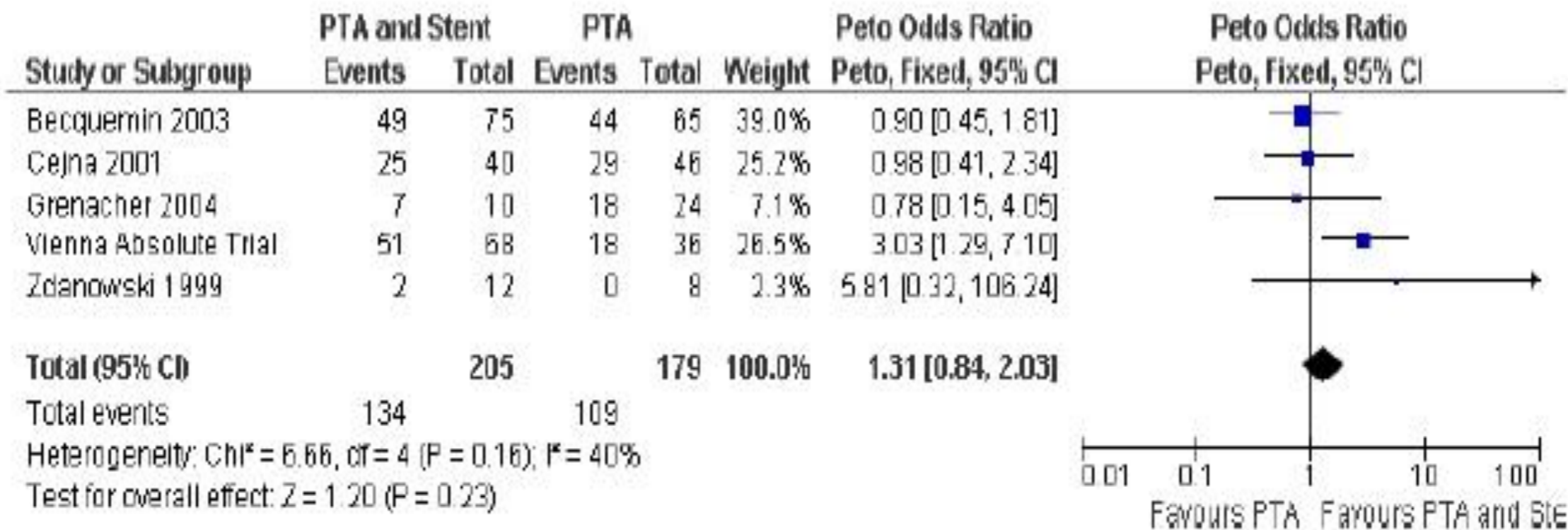
Angioplasty versus stenting for superficial femoral artery lesions. Cochrane Database of Systematic Reviews, Issue 4, 2009

Twine CP, Coulson J, Shandall A, McLain AD.

DOI: 10.1002/14651858.CD006767.pub2

# PTA vs STENTING

## 12 month angiographic patency



Angioplasty versus stenting for superficial femoral artery lesions.

Cochrane Database of Systematic Reviews, Issue 4, 2009

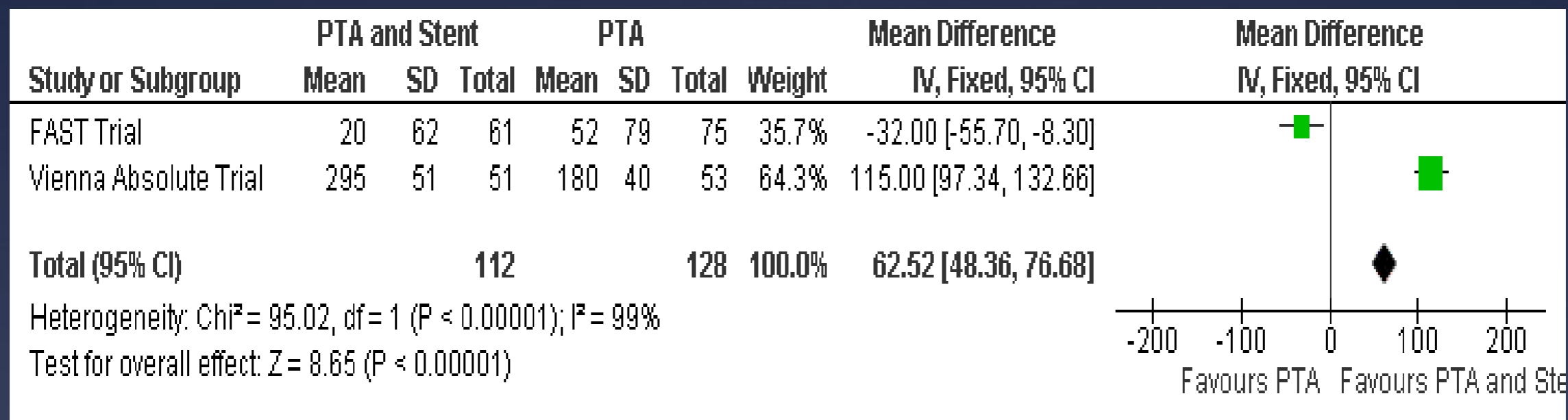
Twine CP, Coulson J, Shandall A, McLain AD.

DOI: 10.1002/14651858.CD006767.pub2



# PTA vs STENTING

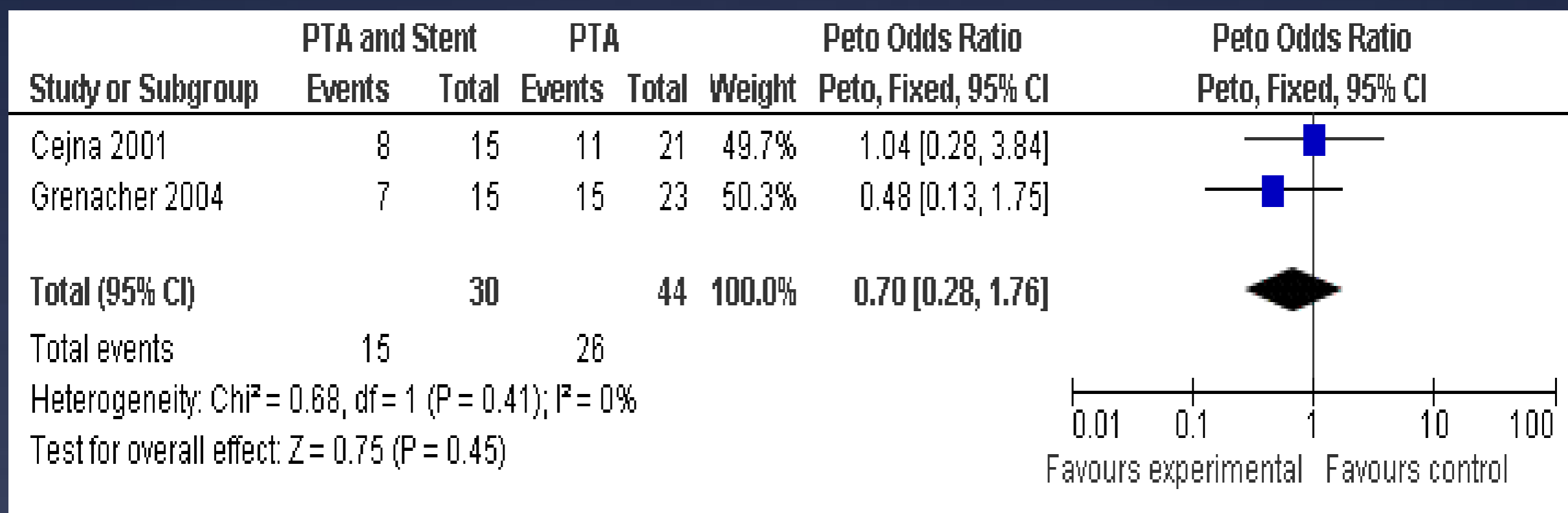
## 12 month walking distance



Angioplasty versus stenting for superficial femoral artery lesions.  
 Cochrane Database of Systematic Reviews, Issue 4, 2009  
 Twine CP, Coulson J, Shandall A, McLain AD.  
 DOI: 10.1002/14651858.CD006767.pub2

# PTA vs STENTING

## 24 month angiographic patency



Stent

PTA

Angioplasty versus stenting for superficial femoral artery lesions.

Cochrane Database of Systematic Reviews, Issue 4, 2009

Twine CP, Coulson J, Shandall A, McLain AD.

DOI: 10.1002/14651858.CD006767.pub2

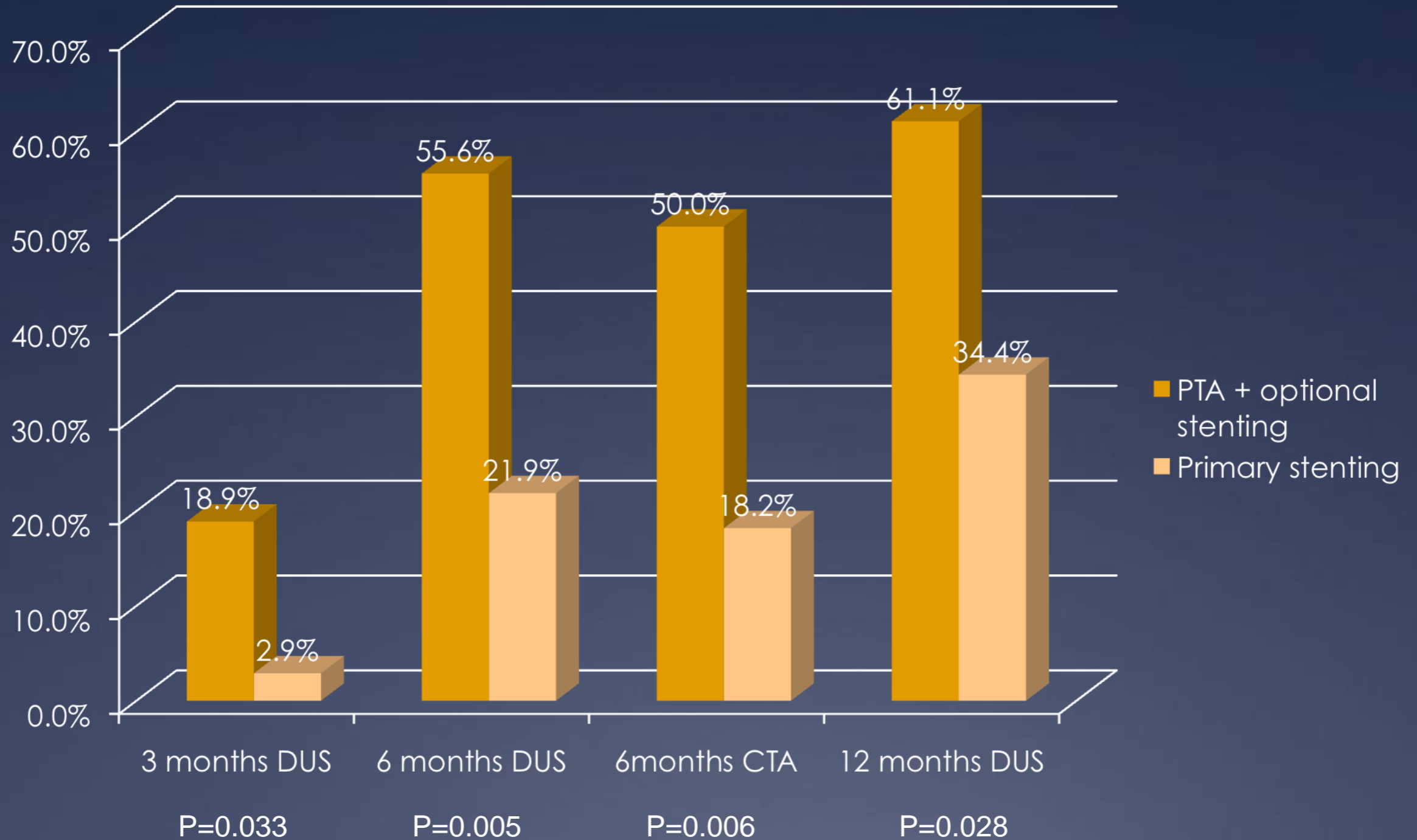
# 2<sup>ND</sup> GENERATION DEDICATED NITINOL STENTS

- ASTRON Trial – Biotronic Stent
- RESILIENT TRIAL – Bard LifeStent

# ASTRON Trial

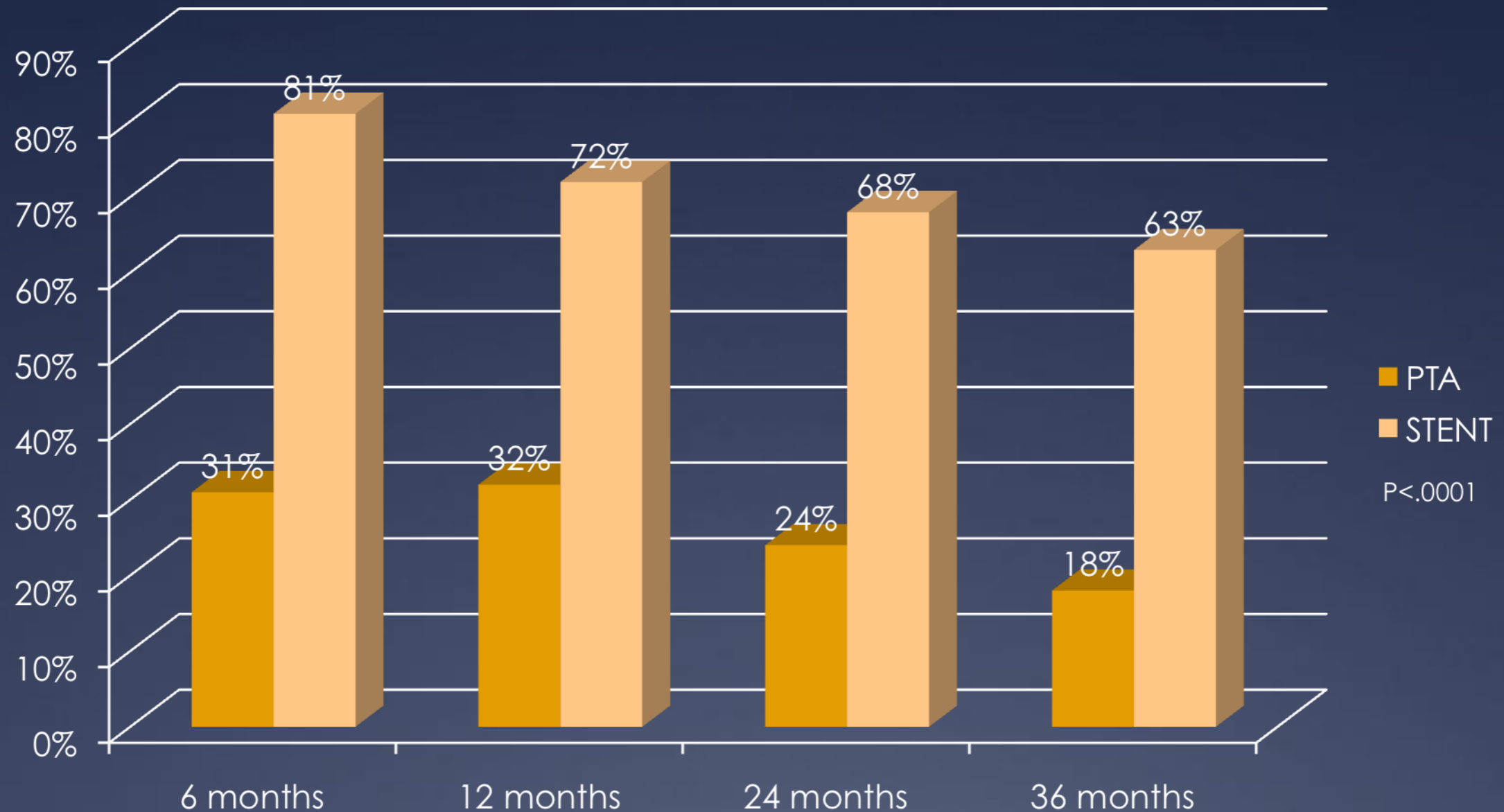
Mean treated length 8.4cm (3 – 25cm)

Binary restenosis



# RESILIENT Trial

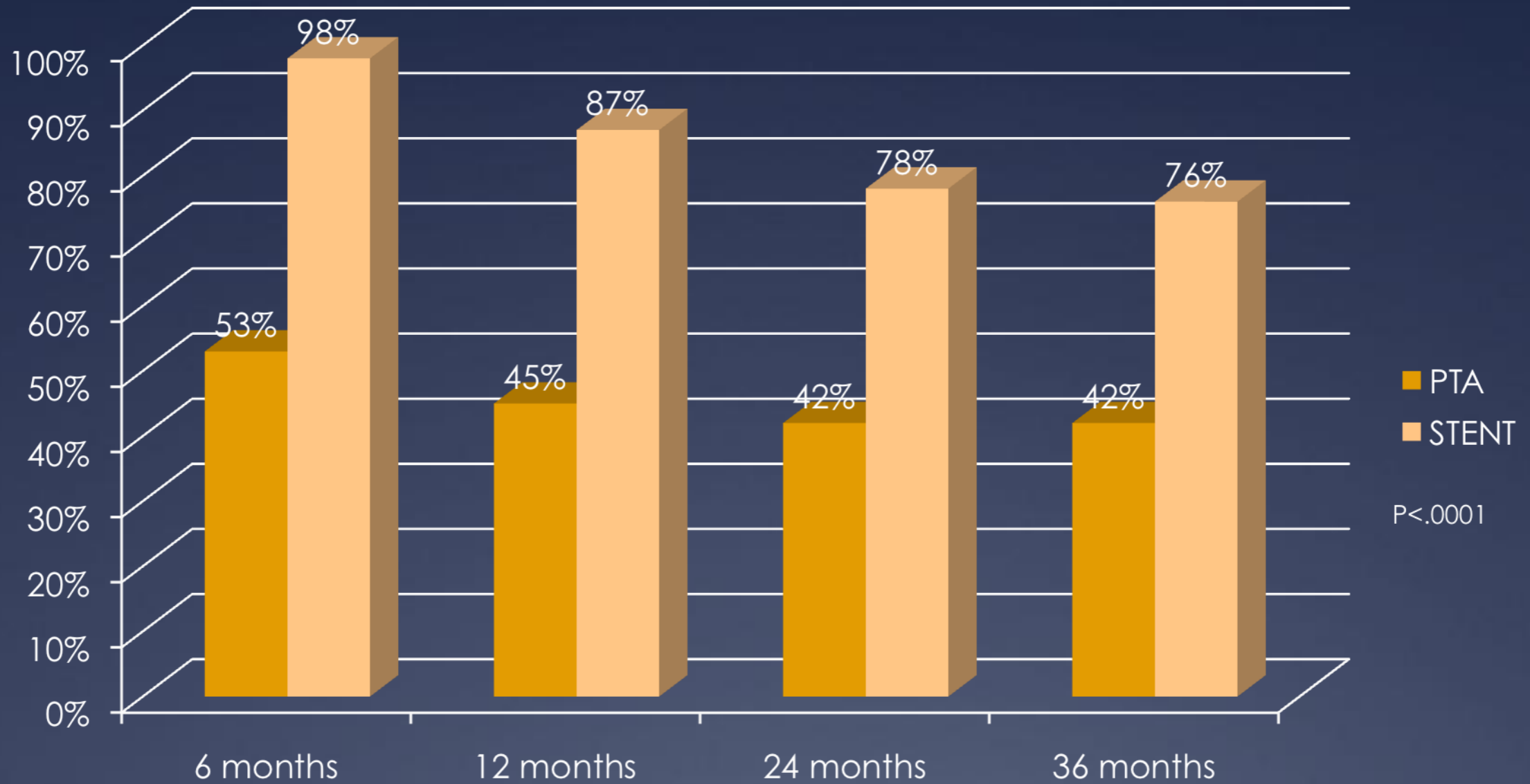
Clinical success 3yr data. Mean length 6.5cm (<15cm)



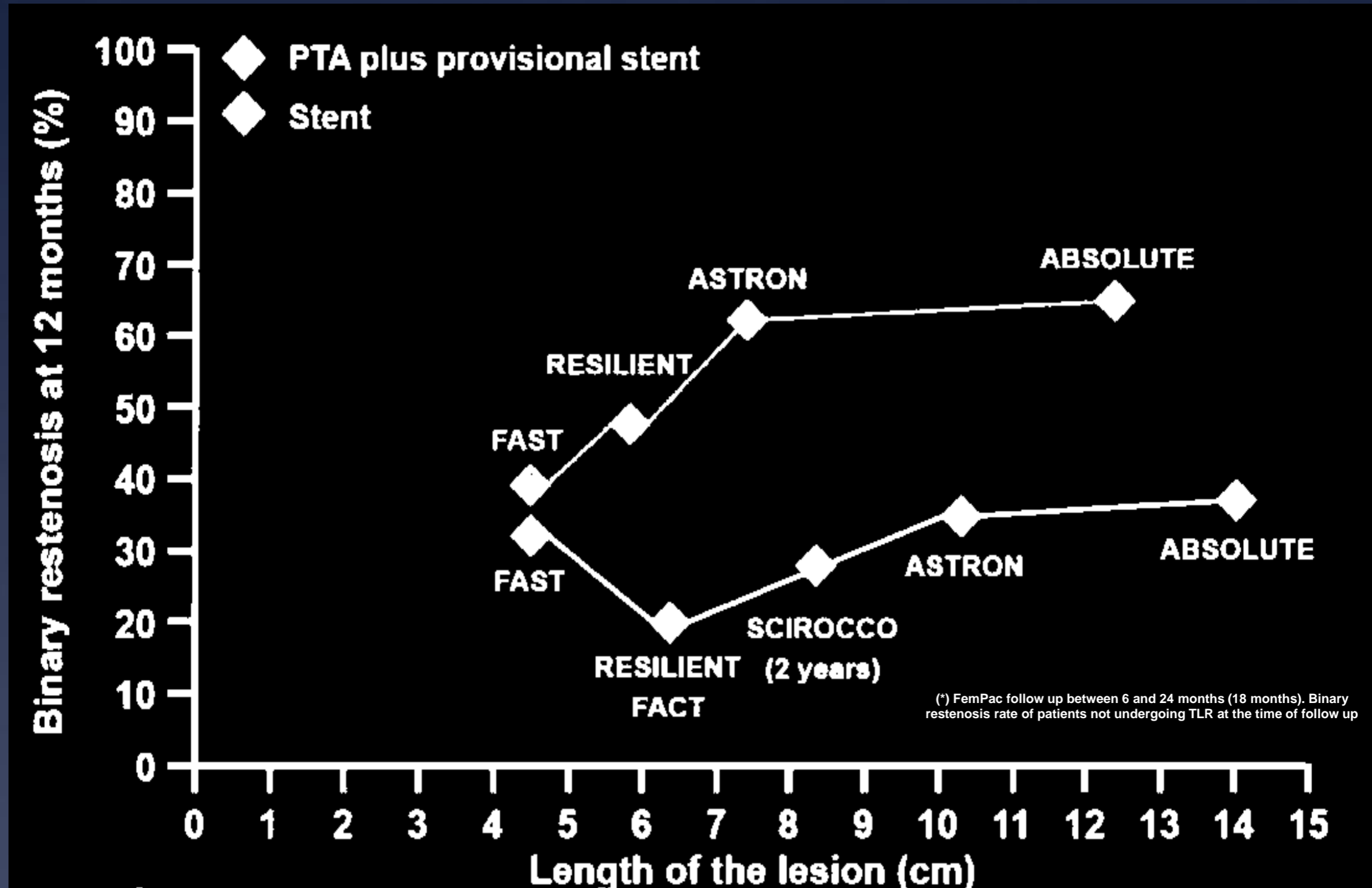
An improvement in baseline symptoms by at least one Rutherford category and sustained through follow-up

# RESILIENT Trial

Freedom from TLR - 3yr data



# CLINICAL STUDY RESULTS



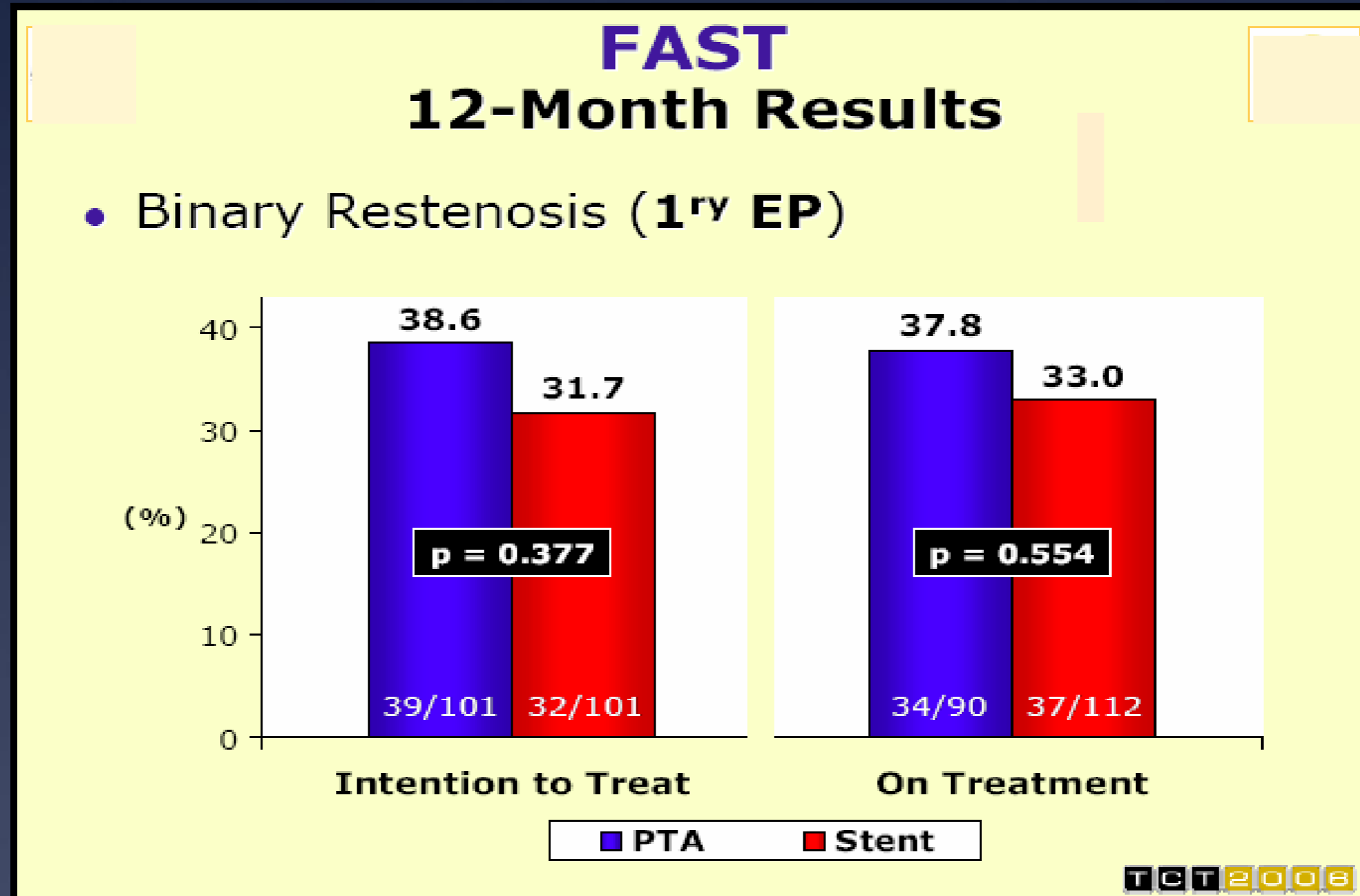
# FAST Trial

- Mean length treated 4.5cm (1-10cm)
- Luminexx nitinol stent (Bard)
- Underpowered for low rates of PTA restenosis
- Short lesions best treated with PTA



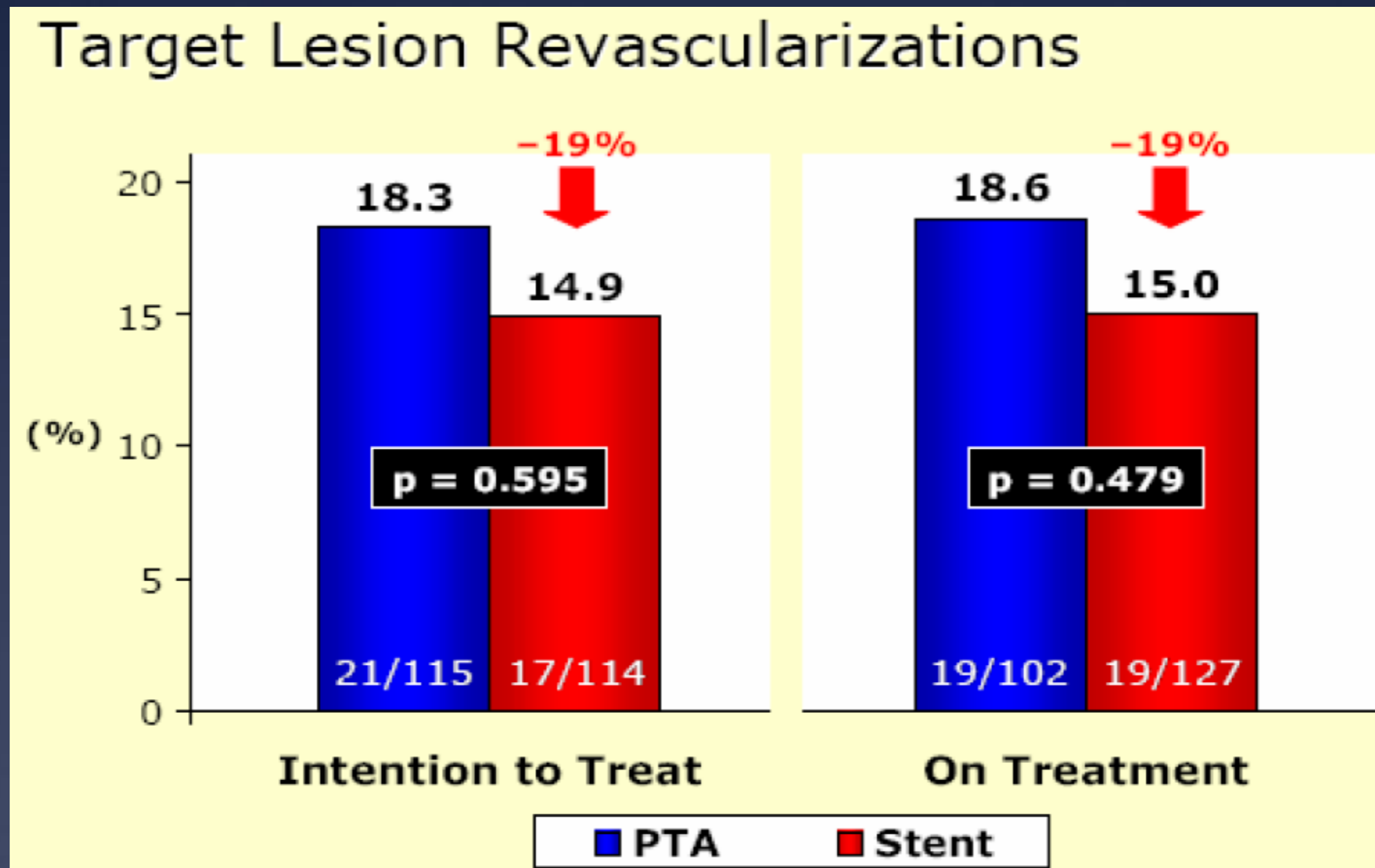
# FAST Trial

Primary endpoint Binary restenosis >50%



# FAST Trial

Primary endpoint Binary restenosis >50%



No difference in morphological and clinical outcome at 12 months

# SHORTFALLS

# STENT FRACTURE

SFA stent fracture rates – data from randomised trials

	SIROCCO I	SIROCCO II	ABSOLUTE	FAST	RESILIENT
6 months	19%	9%	1.5%	-	2.2%
12 months	31%	11%	1.5%	12%	2.9%
18 months	-	-	-	-	4.1%
length	85mm	82mm	124mm	45mm	65mm

Fracture rate determined by length of lesion and type of stent

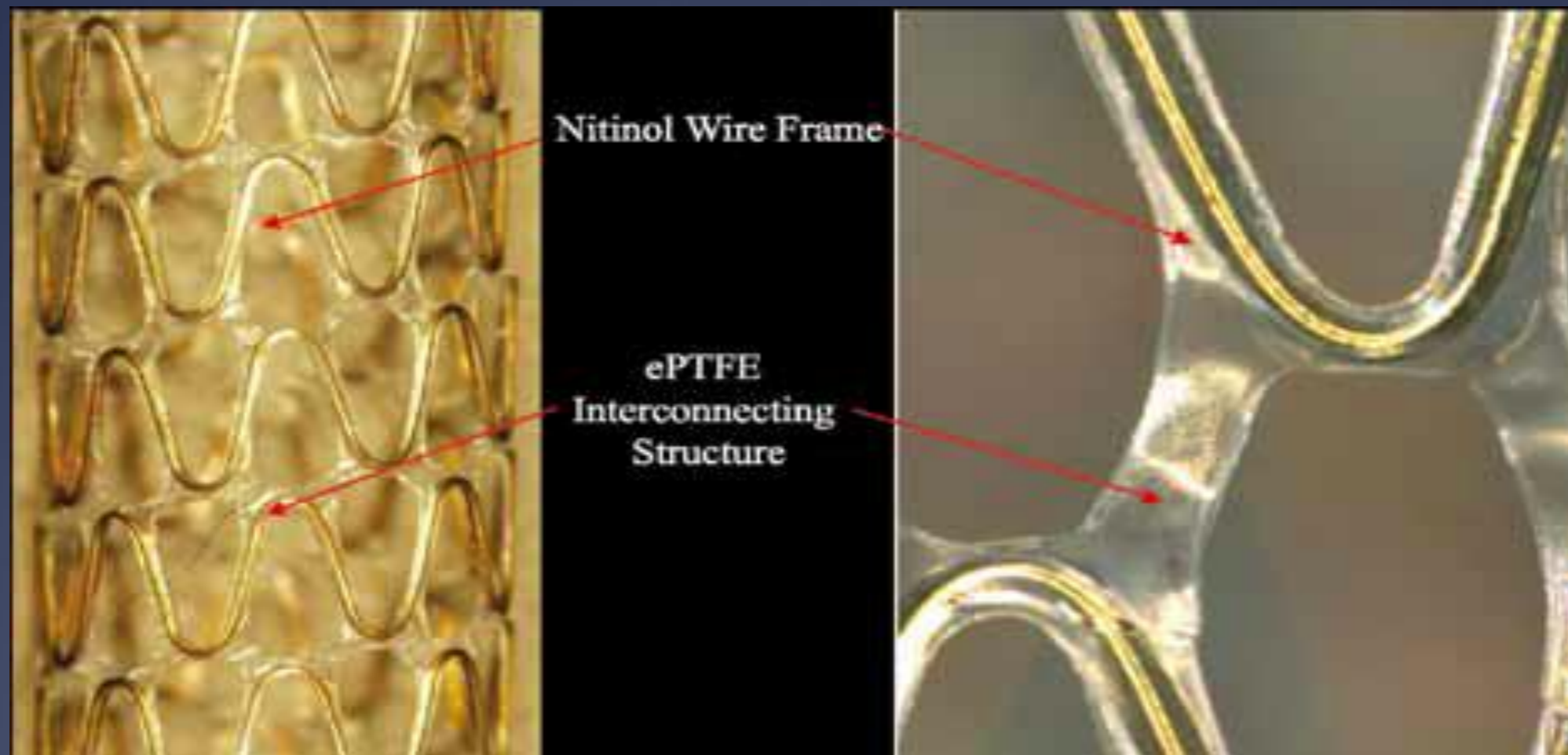
# FUTURE DIRECTIONS

# TECHNICAL CONSIDERATIONS

- Stent overlap zones rigid and prone to subsequent fracture – long stents have potential utility in the SFA
- Deployment must be without stretch or tension. A molecular stretch of  $\geq 7\%$  causes microfractures which predisposes to stent fractures at 6/12

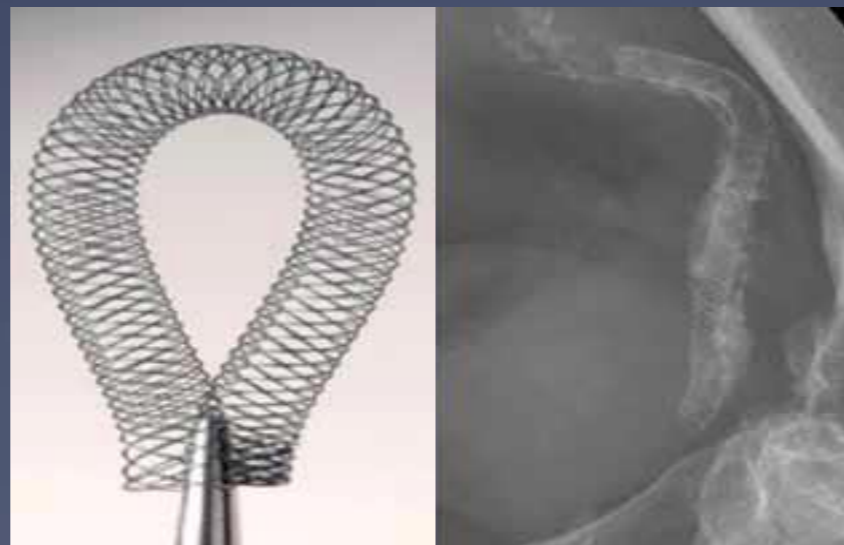
# 3<sup>rd</sup> GENERATION STENTS

- TIGRIS stent (Gore) – greater flexibility and less elongation during deployment
- LMWT heparin to reduce thrombosis



# 3<sup>rd</sup> GENERATION STENTS

- Supera stent interwoven closed cell nitinol wires (6 pairs). Increased radial force and crush resistance.
- Freedom from restenosis on DUS 85% at 12 months and 76% at 24 months. No stent fractures despite deployment at sites of significant flexion.
- Data suggest lower rates of stent fracture – SUPERB Registry





# FUTURE DIRECTIONS

- Newer generation stents
  - Increased flexibility and reduced fracture rates
- Drug eluting stents – Zilver PTX
- Alternative therapies

# CONCLUSION

- Current generation dedicated bare metal stents in SFA fulfill their goals
- Achieve and maintain patency (up to 3 ys in RCT's) over “standard” therapy
- Still problems with fracture rate and instent stenosis

