



JANUARY 21-23 2016

10 rules to respect to ensure the success of: deep-vein reflux

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FINANCIAL RELATIONSHIP DISCLOSURE: Commercial Interests

I declare the following commercial interests:

- Jotec Srl: Technical Consultant

Volcano Europe BVBA: Teaching and Speaking

- Boston Scientific Spa: Teaching and Speaking

- Servier International: Teaching and Speaking

I declare that my presentation will not include commercial contents

Oscar Maleti

Why ten?

Because there are 10:

- Fingers
- Commandments
- The most used time expression (10 minutes)
- The evaluation scale (VAS)
- The maximum at elementary school
- The proportional number in military reprisal
- Usually employed for recipes for success (10 rules for eternal beauty etc.)
- Little Indians

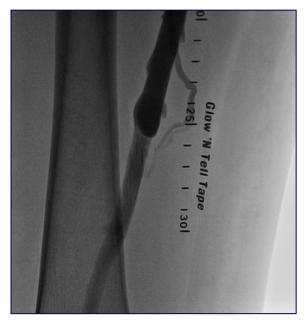
Have we got 10 rules for Deep Venous Reflux treatment?

To identify the etiology of deep reflux

Why?

Because: - Different are the **results** and therefore

- Different are the indications







In primary incompetence offers very good results and so it is more widely indicated

than in secondary valve incompetence



 E_{S}



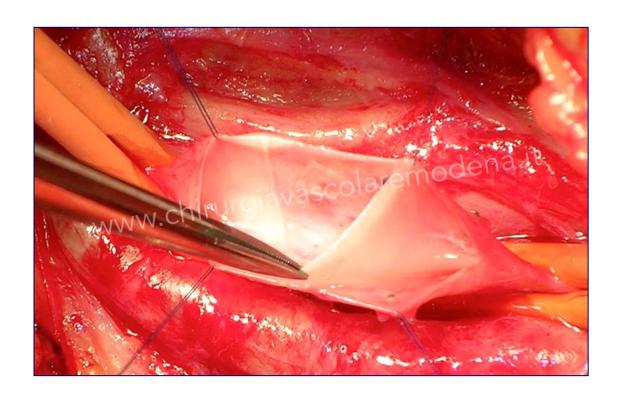




or in valve agenesia



 E_{C}

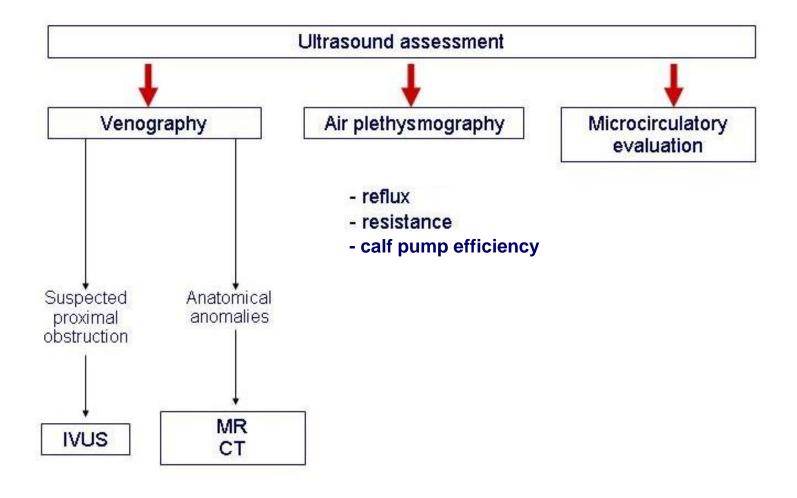


Don't consider US exhaustive, but consider the information given by other investigations

Why?

Because US alone is not able to give us all the information we need

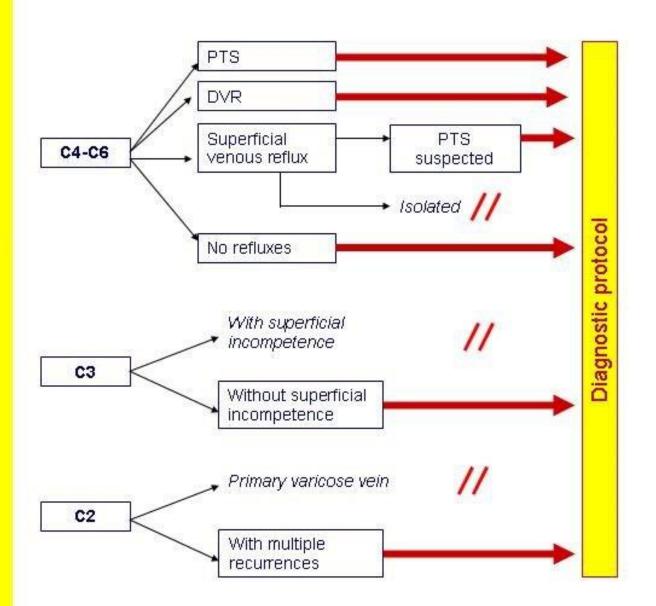
Diagnostic protocol



CVI

(in patients eligible for deep vein reconstruction)

- with improvable QoL and without compliance for compression therapy
- non responding to conservative therapy



To identify or to exclude an associated obstruction

Why?

Because:

- Obstacle to flow can be more significant than reflux
- Obstructions should be treated first

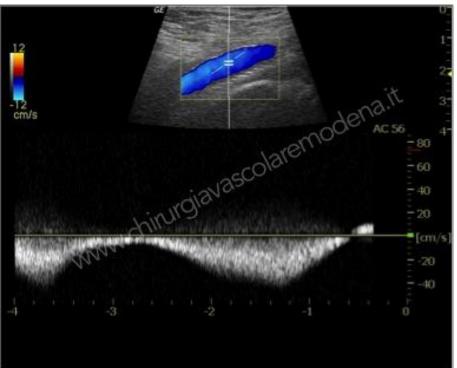




For two reasons:

1. Almost half of the patients can improve without other surgical procedures





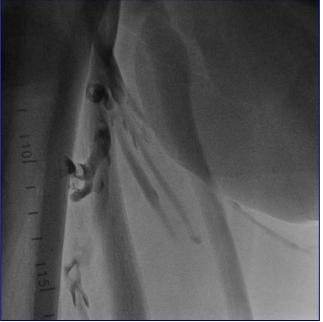
2. The improved flow allows us to correct the reflux in half of the patients who do not responde to stenting alone

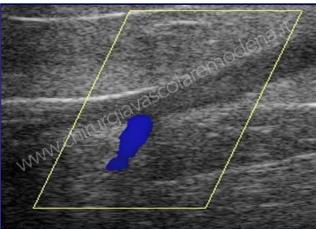
Don't focus the attention on superficial venous system and perforators, but consider the venous system as a single system

Why?

Because the biggest mistakes in phlebology come from obstinately in treating a specific sector of the vein system





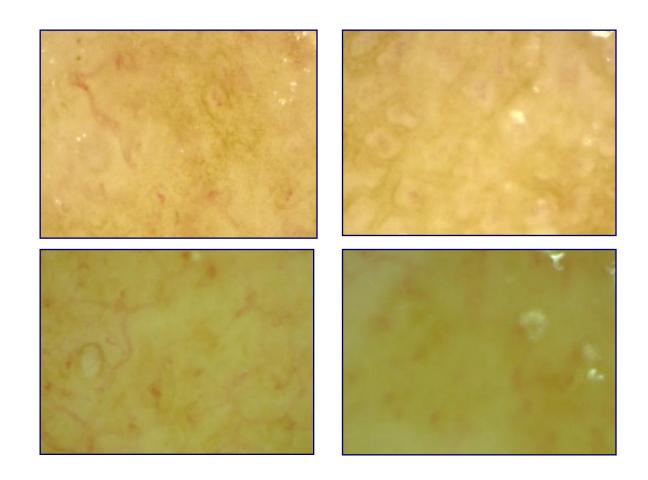


Perform one action and wait

Why?

Because the hemodynamic reset will be obtained within a few months and it is mandatory to evaluate the new obtained assessment

The re-equilibrium of the leg is obtained through the re-equilibrium of the microcirculatory system



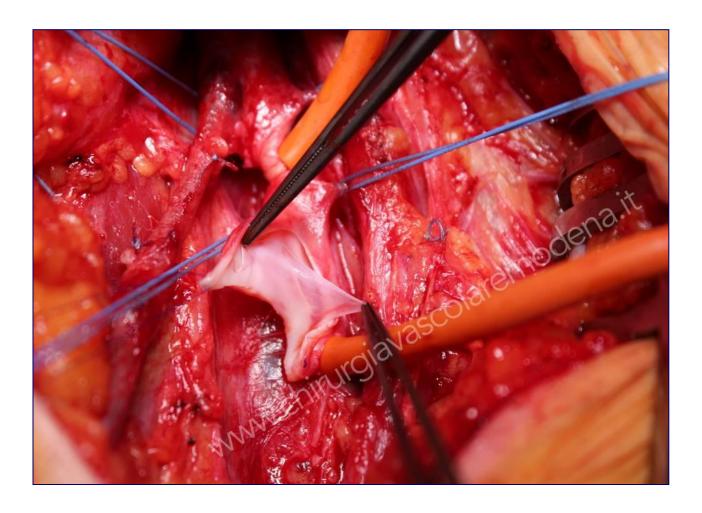
Choose the simplest surgical technique applicable in each patient

Why?

Because in most cases you won't heal the patient but you will simply improve his condition and further therapeutic acts will be needed



We need to choose the **most suitable technique** simplyfing the action and changing technique, where necessary, intraoperatively.



You must be able to master the technique you apply

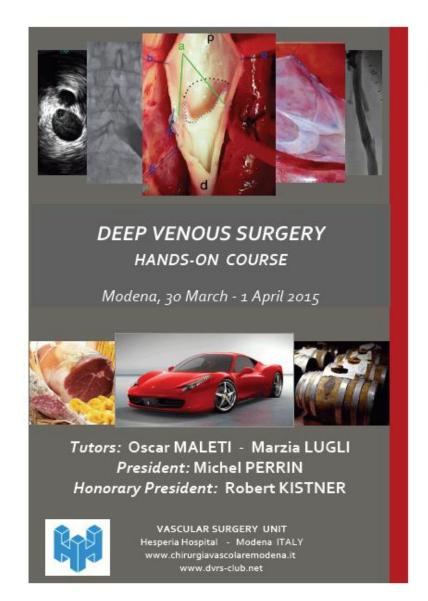
Why?

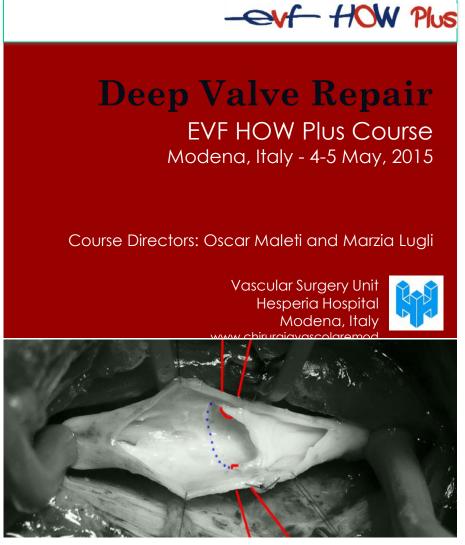
Because you are supposed to be a surgeon



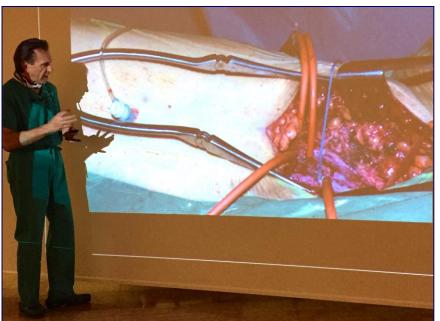


If not, you can come to Modena Courses













Apply compression therapy

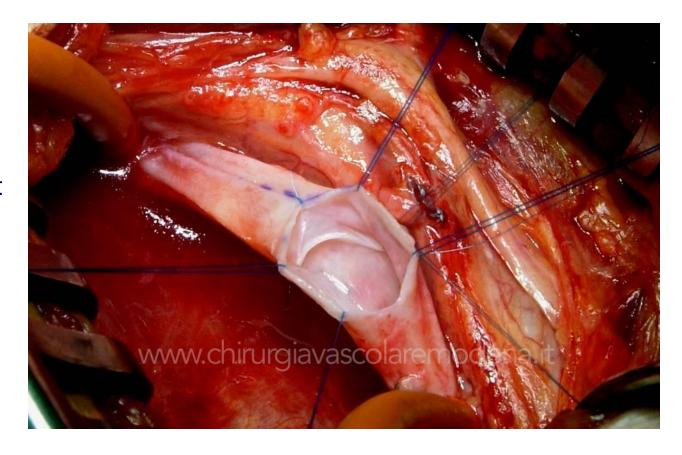
Why?

In order not to lose phlebologist friends and to keep stocking producers in work

Joking apart,

Even if we submit the patient to valve reconstruction surgery, he will have just one competent valve

The problem is not the hydrostatic pressure but the volume.



Control the patient in a close follow-up, correcting secondary hemodynamic disorders

Why?

Because failure due to parallel refluxes or stent restenosis can be prevented if detected early and treated



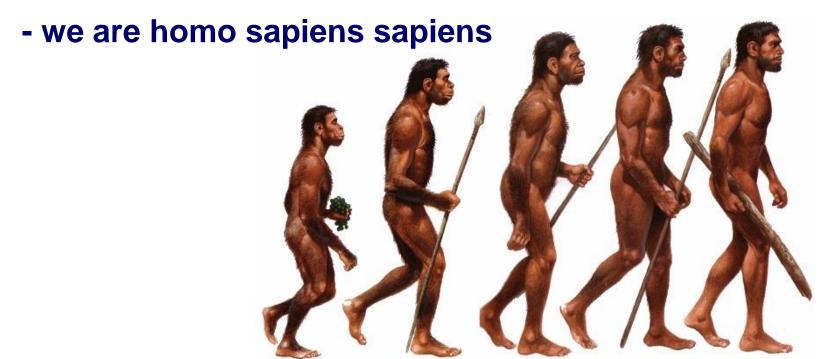


Continue to research

Why?

Because

- the dark side of phlebology is still enormous



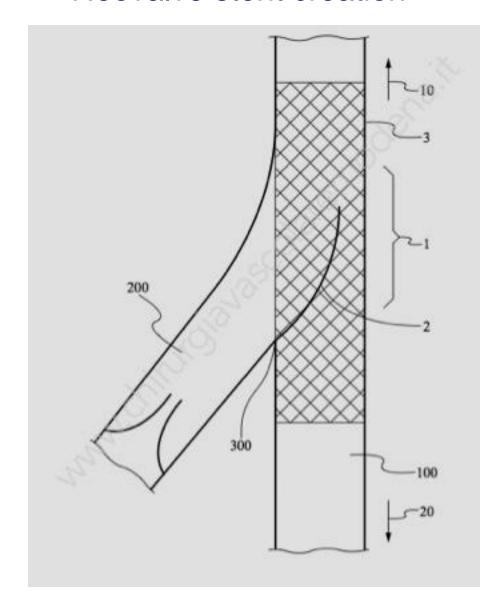
Homo sapieus neanderthalensis. Homo sapieus sapieus

Current fields of research

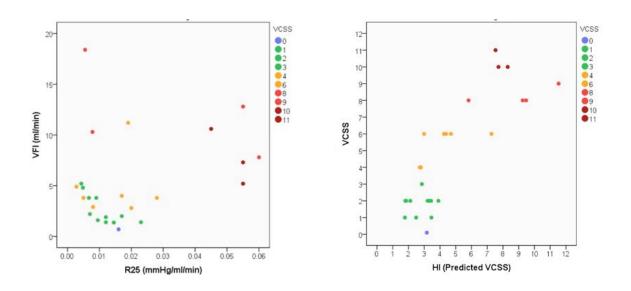
- To apply hybrid procedures involving the correction of distal obstruction and reflux at the same time



- Neovalve stent creation



- Hemodynamic research addresses :
 - Quantification of inflow
 - Integration between reflux and compliance parameters
 - Quantification of collateral pathways flow
 - To establish the respective role of obstruction and reflux



Nicolaides A, Clark H, Labropoulos N, Geroulakos G, Lugli M, Maleti O. Quantitation of reflux and outflow obstruction in patients with CVD and correlation with clinical severity. Int Angiol 2014;33(3):275-81.



One more rule...

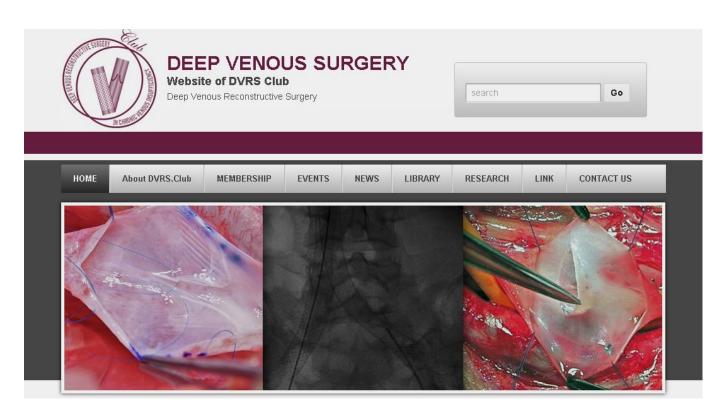
Rule n° 11

To attend
CONTROVERSIES & UPDATES IN
VASCULAR SURGERY



Associazione Italiana di Chirurgia Venosa Ricostruttiva e Riparazione Tissutale

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