

15 year follow-up of radiofrequency ablation of the great saphenous vein and what are the causes of recurrence in the long term – a single centre experience

### Mark S Whiteley

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#### Disclosure

Speaker name:

......Mark S Whiteley.....

I have the following potential conflicts of interest to report:

#### Consulting

- Employment in industry
- Shareholder in a healthcare company
- Owner of a healthcare company
  - Other(s)
    - I do not have any potential conflict of interest

# High Tie + Stripping

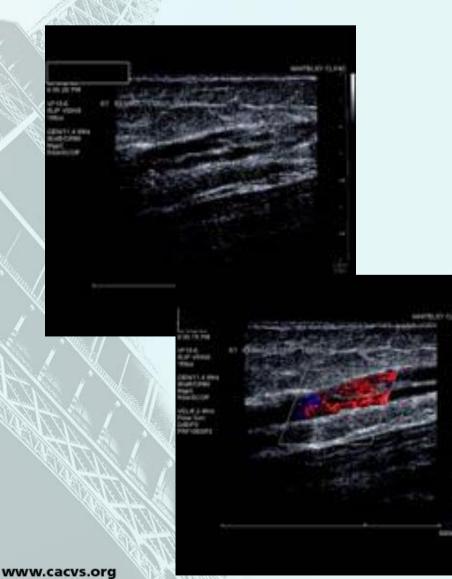














Munasinghe A et al. Br J Surg. 2007;94:840-3. Strip-track revascularization after stripping of the great saphenous vein.

# Strip-track revascularization

#### **Original article**

# Strip-track revascularization after stripping of the great saphenous vein

A. Munasinghe<sup>1</sup>, C. Smith<sup>1</sup>, B. Kianifard<sup>2</sup>, B. A. Price<sup>2</sup>, J. M. Holdstock<sup>2</sup> and M. S. Whiteley<sup>2</sup>

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Short Report

#### 82% 5-8 years

Strip-tract revascularization as a source of recurrent venous reflux following high saphenous tie and stripping: results at 5-8 years after surgery

Alexandra E Ostler<sup>1</sup>, Judy M Holdstock<sup>1</sup>, Charmaine C Harrison<sup>1</sup>, Barrie A Price<sup>1</sup> and Mark S Whiteley<sup>1,2</sup> 23% 1 year

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Phlebology

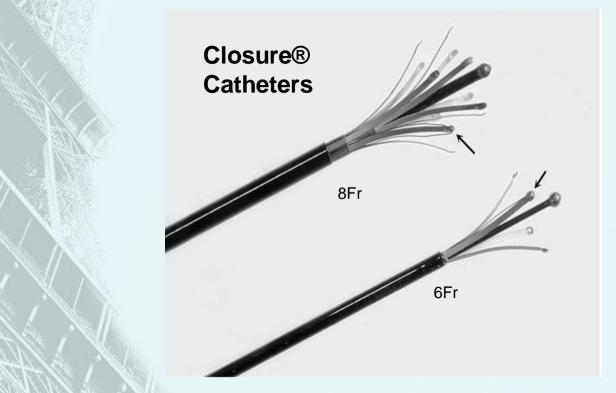




CONTROVERSES ET ACTUALITÉS EN CHIRURGIE VASCULAIRE



#### March 1999







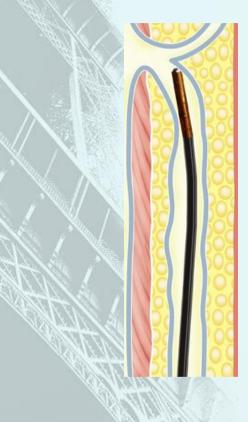
## • General Anaesthetic + Esmark Bandage

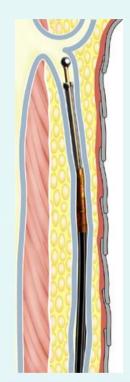


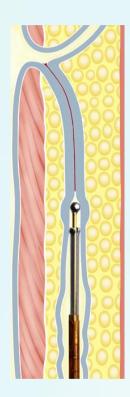
**Pull back - Slow** 



## 70<sup>o</sup>C – 1 cm every 20 seconds







# 15 Year Audit



- 189 patient invitations to last known address
   All VNUS March 1999 Dec 2001
   100% Closure immediate post procedure
- Assessements:
  - Self assessment
  - Observer assessment
  - Duplex Scan (Vascular Scientist)
  - Feedback

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# **Duplex grading**



- 1 Total Success
  - Complete atrophy No reflux in target vein
- 2 Partial Success
  - Partial atrophy any patent sections clinically irrelevant
- 3 Partial Failure
  - At least one section patent and leading to clinically significant reflux / varicose veins
- 4 Total Failure



- 54 responded + 4 co-incidental returns
  - 58 Patients
  - 91 Legs (73 primary + 18 recurrent)
- Female: Male = (43:15)
- Age at Treatment = 52.6y (31-69y)

• Mean follow-up = 185 months (15.4y)



<b>Clinical CEAP score</b>	No. legs pre- procedure (n=91)
0	0 (0%)
1	4 (4%)
2	56 (62%)
3	6 (7%)
4	22 (24%)
5	1 (1%)
6	2 (2%)



Vein treated	No. VNUS-treated veins (n=101)
GSV	87 (86%)
SSV	2 (2%)
AASV	7 (7%)
Giacomini	5 (5%)

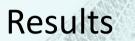


Resul	ts
22.00.23	Section of a section of the

Success score	No. veins (n = 101)
1 (Complete success)	73 (72%)
2 (Partial success)	16 (16%)
3 (Partial failure)	12 (12%)
4 (Complete failure)	0 (0%)
(Veins treated elsewhere in the interim – presumed failure)	2 (not included)



	Present	Absent
No. legs with patient reported varicose veins (n=91)	40 (44%)	51 (56%)
No. legs with observer reported varicose veins (n=91)	64 (70%)	27 (30%)
Paraesthesia (n=91)	4 (4%)	87 (96%)





Source of de novo reflux	No. legs (n = 47)	No. patients (n = 35)
SSV	15 (32%)	14 (40%)
AASV	16 (34%)	15 (43%)
IPVs	37 (79%)	28 (80%)
Pelvic venous reflux	8 (17%)	5 (14%)
PAVA	8 (17%)	6 (17%)



Question	Response	No. patients
Are you placed to have had $\lambda$ (NULC Classics <sup>®</sup> 2 (p=EQ)	Yes	58 (100%)
Are you pleased to have had VNUS Closure <sup>®</sup> ? (n=58)	No	0 (0%)
	Very good	24 (26%)
Please rate the general wellbeing of your treated	Good	34 (37%)
leg(s)	Neutral	21 (23%)
(n=91)	Bad	8 (9%)
	Very bad	4 (4%)
	Very pleased	45 (78%)
Are very placed with the treated eres $(a)$	Pleased	11 (19%)
Are you pleased with the treated area(s)? (n=58)	Neutral	1 (2%)
	Displeased	1 (2%)
	Very displeased	0 (0%)
	Yes	57 (98%)
Would you recommend VNUS Closure <sup>®</sup> ? (n=58)	Maybe	1 (2%)
	No	0 (0%)



## VNUS Closure

Summary

- 88% Closure at 15 years

# Commonest causes of recurrence Disease progression Other veins / IPV / Pelvic veins

Patient Satisfaction

 High

#### Conclusion



- VNUS Closure
  - Now technique and device obsolete

- However
  - Model of endovenous thermal ablation
  - Consider as minimum efficacy for new techniques