

Understanding the mechanism of thermoablation using different lasers and RFA on the vein wall using immunohistochemistry, and optimising the LEED for each device.

What is your evidence that it translates clinically?

Mark S Whiteley



Disclosure

Speaker name:

-Mark S Whiteley.....
- □ I have the following potential conflicts of interest to report:
- Consulting
- Employment in industry
- Shareholder in a healthcare company
- Owner of a healthcare company
- Other(s)
 - I do not have any potential conflict of interest



Endovenous Thermal Ablation





Transmural Death



- 2004:
 - Transmural death of vein wall
 - Ie: Death of Cells AND Collagen Contraction





* Mark S Whiteley, Judy Holdstock Percutaneous radiofrequency ablations of Varicose Veins (VNUS Closure) In: Roger M Greenhalgh ed, Vascular and Endovascular Challenges . London; BibaPublishing 2004. p 361- 381

Porcine Liver Model







RFiTT - as in IFU

18W at 1 sec / cm







CONTROVERSES ET ACTUALITÉS EN CHIRURGIE VASCULAIRE

6W at 6 sec per 0.5cm - Interrupted



18W 1 s/cm = 18 J/cm ? Inadequate

20w 3s/cm = 60J/cm Catheter sticking "Coagulum"

20W 5 s/cm = 100 J/cm Charcol – Sticking +++

6W 6sec per 0.5 cm Interrupted = 72 J/cm

Badham GE et al. Phlebology 2014

Ex-vivo GSV

© The Whiteley Clinic – all rights reserved

LEED 72 J/cm 6 W 12 Sec/cm

© The Whiteley Clinic – all rights reserved

Whiteley

Control GSV

© The Whiteley Clinic – all rights reserved

LEED 72 J/cm 18 W 4 Sec/cm

Whiteley MS etc al - Unpublished

Histology v Porcine Liver

100.40	LEED (J/cm)	GSV Histology				Thermal
1. COL 7.		Vein Wall Layer	Thermal Penetration	Degree of Thermal Damage	Thermal Effect/Coagulation	Spread (mm)
all the	18	Intima	Yes	+++	Whole thickness	0.46
		Media	Yes	+	Focal	
		Adventitia	No	-	No effect	
Value and and	20	Intima	Yes	+/++	Focal	0.47
		Media	Yes	-/+	Very focal	
		Adventitia	No	-	No effect	
	54	Intima	Yes	+++	Whole thickness	1.09
		Media	Yes	++	Whole thickness	
		Adventitia	Yes	+/++	Inner half	
ter a k l	72	Intima	Yes	+++	Whole thickness	1.65
		Media	Yes	+++	Whole thickness	
		Adventitia	Yes	+++	Whole thickness	

• 63 patients treated with RFiTT new protocol

- 35 returned 1 year (mean 16.3 months)
 - 54.8y mean
 - 48 legs (25R 23 L)
- All examined with DUS

 Blinded Vascular Scientist (unaware of study)

CEAP at Presentation

CEAP Clinical Score	Number of Limbs
0	0
1	3
2	34
3	5
4	6
5	0
6	0

VeinNumber of VeinsGSV34SSV15AASV15

GSV- great saphenous vein; SSV- small saphenous vein; AASV- anterior accessory saphenous vein

In Vivo

Operation Notes

- 6 W Interrupted Pull-Back
 6 sec per 0.5cm
- No Sticking
- No withdrawal for cleaning
- No re-doing sections

Results

100% closure of each target vein

- Compared with published results with IFU: – 18W
 - On 92% when "inexperienced" surgeons removed
 - Sticking / Removal for cleaning

Conclusion

- Good correlation between thermal spread,
 - cell death and clinical results.

New work:

Necrosis
Apoptosis
Sub-total vein wall death

810 nm 60 J/cm

