# TIPS AND TRICKS: Percutaneous access

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## Disclosures

Giovanni Pratesi, M.D.

*I have the following potential conflicts of interest to report:* 

Consulting: Abbott, Cook, Cordis, Medtronic, WL Gore & Associates

- Employment in industry
- Stockholder of a healthcare company
- Owner of a healthcare company
- 🗌 Other(s)
- □ I do not have any potential conflict of interest

## Disclosures

Stephan Haulon, M.D.

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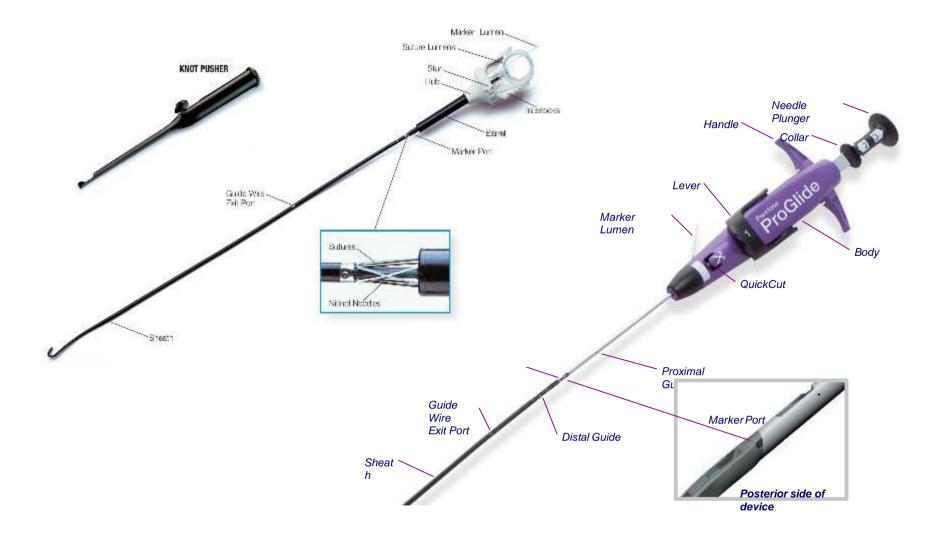
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# EVAR and percutaneous access: an ideal combination

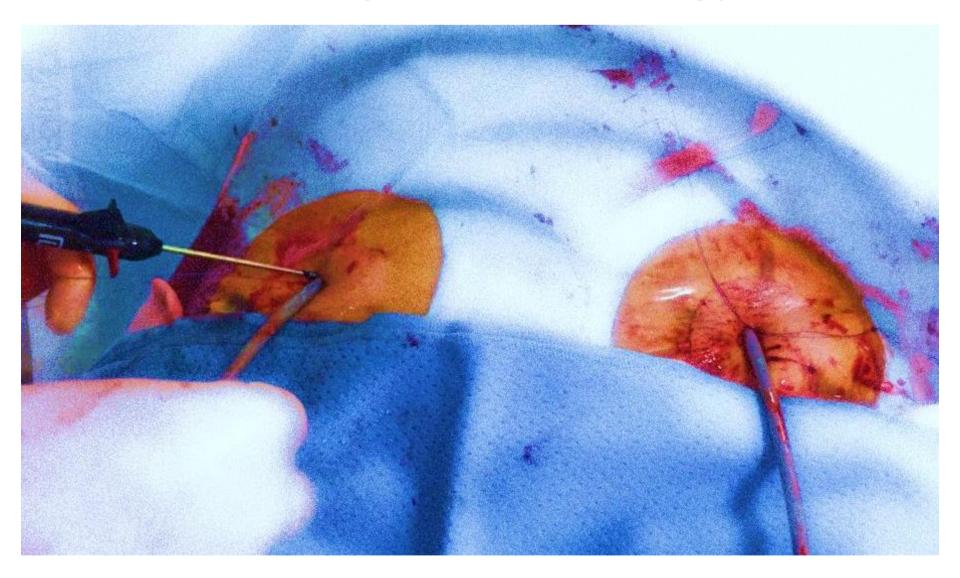
- Rapid, safe and effective
- Local anesthesia
- Lower risk of woundrelated complications (eg, seroma, infection, nerve injury)
- Reduced discomfort for the patient
- Early ambulation, shorter hospitalization
- Totally endovascular, minimally invasive procedure



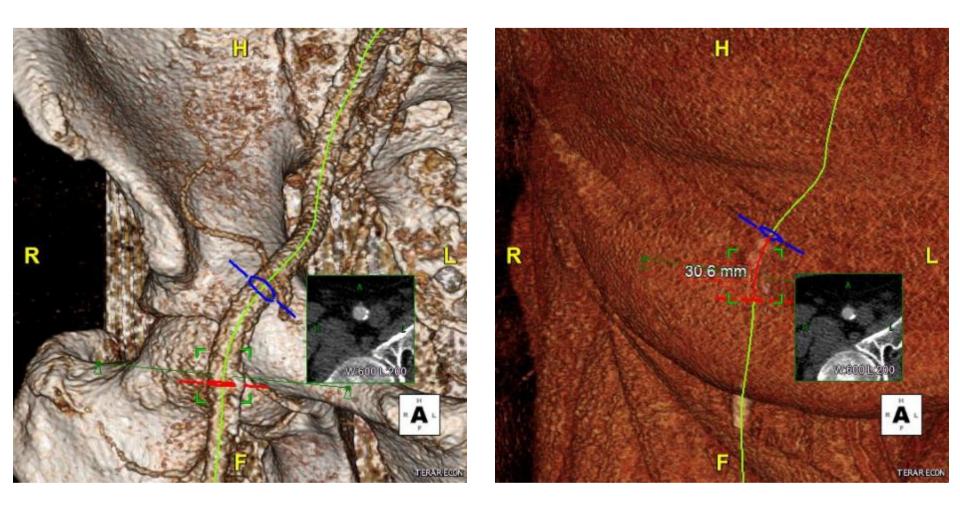
# Suture mediated closure devices: Prostar XL & Proglide



# Learning curve in percutaneous access: a multifactorial strategy



## 1. Preoperative evaluation



# 2. Ultrasound guided puncture



### What do I need for pEVAR?



#### Effect of Preinterventional Ultrasound Examination on Frequency of Procedure-Related Vascular Complications in Percutaneous Coronary Interventions With Transfemoral Approach

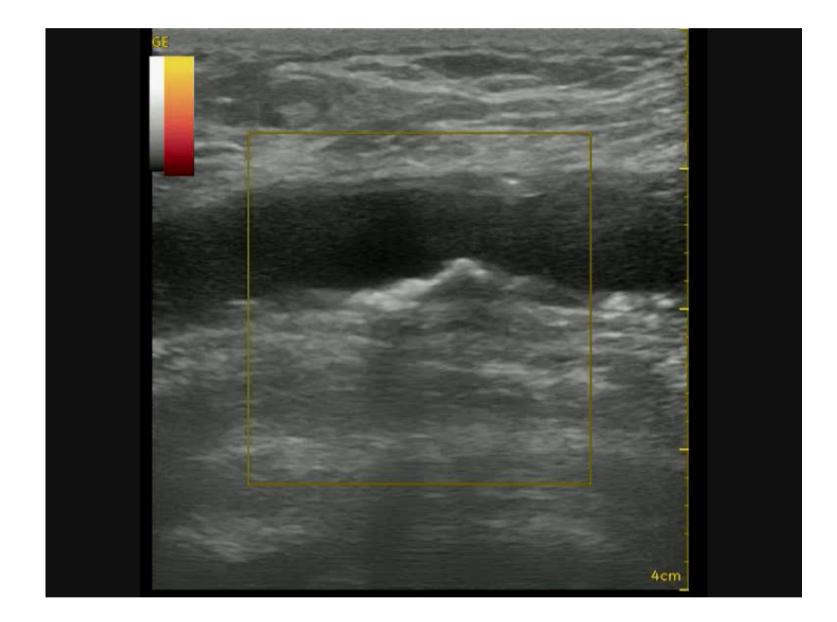
Emilia Stegemann, MD<sup>a,\*</sup>, Berthold Stegemann, PhD<sup>a</sup>, Nikolaus Marx, MD<sup>a</sup>, Thomas Lauer, MD<sup>b</sup>, and Rainer Hoffmann, MD<sup>a</sup>

Vascular complications are the most frequent adverse events associated with percutaneous coronary interventions (PCIs) leading to an increase in morbidity and mortality. Puncture of the common femoral artery in its middle segment is proved to decrease the risk of procedure-related vascular complications. Real-time ultrasound-guided puncture of the vessel is effective to decrease access site-related vascular complications but complex to perform. We evaluated whether an ultrasonic preinterventional examination of the femoral puncture site and skin marking of anatomic structures and specific vascular characteristics results in a decrease of access site-related vascular complications in PCIs with transfermoral access. Over a period of 12 months we prospectively examined all puncture sites before elective PCIs with transfermoral access (n = 848) using ultrasound. Presence, extent, and location of plaques and stenoses and exact location of bifurcation of the femoral artery were marked by a sonographer on the skin to guide the interventionists in vascular puncture. Postinterventional access site ultrasound was performed to determine possible access site-related complications. Frequency of vascular access site complications was compared to a control cohort (n = 1.027) that did not undergo ultrasound examination before intervention. With ultrasonic vascular access site management the rate of access site-related vascular complications was decreased from 4.2% to 1.9% (odds ratio 0.44 0.23 to 0.80, p = 0.005). In conclusion, preintervent onal altrasonic access site examination and skin marking decreases the risk of vascular complications in elective PCI with femoral access. © 2011 Elsevier Inc. All rights reserved. (Am J Cardiol 2011:108:1203-1206)

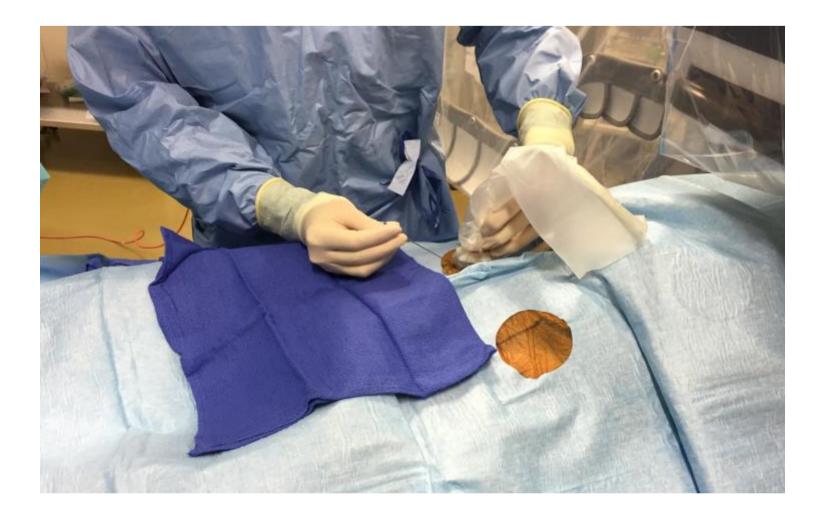


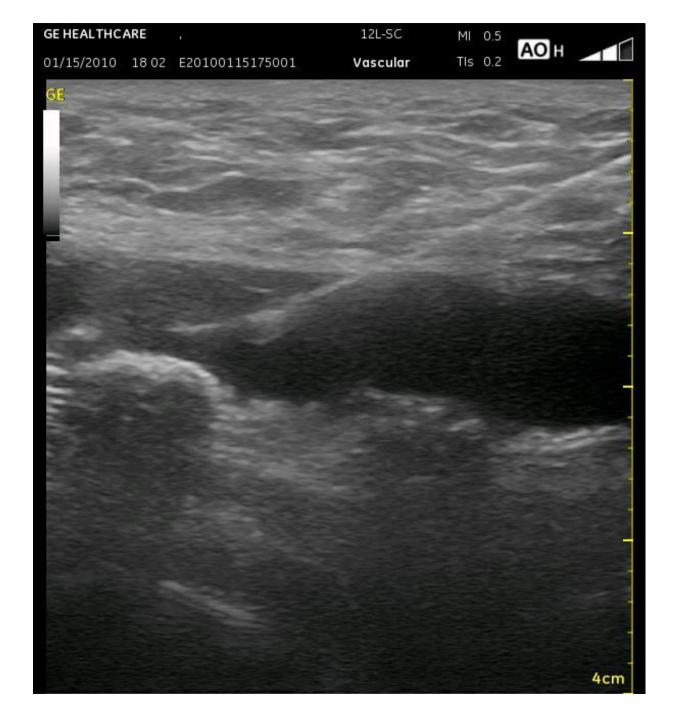






## Arterial puncture at 45 $^{\circ}$





### Use preferably an angled .035" starter guidewire

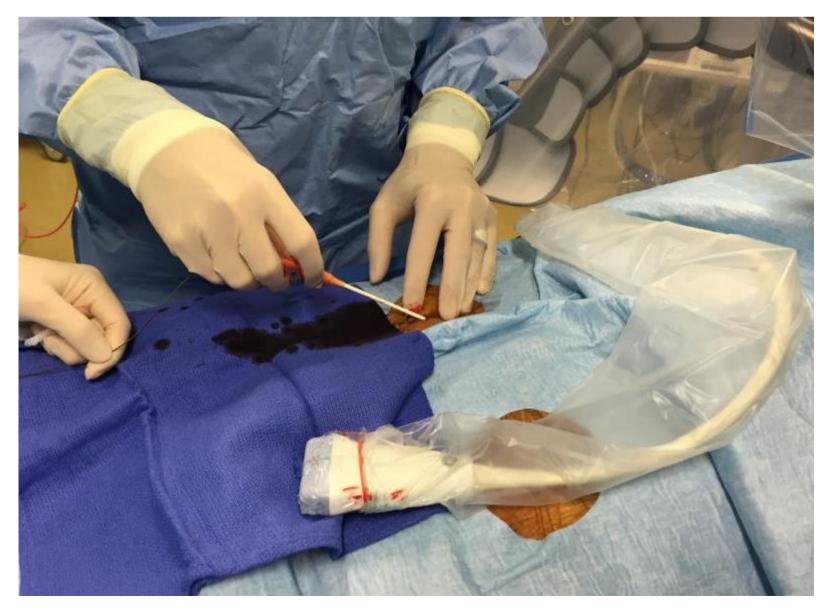


### Control Progression under US / X-ray

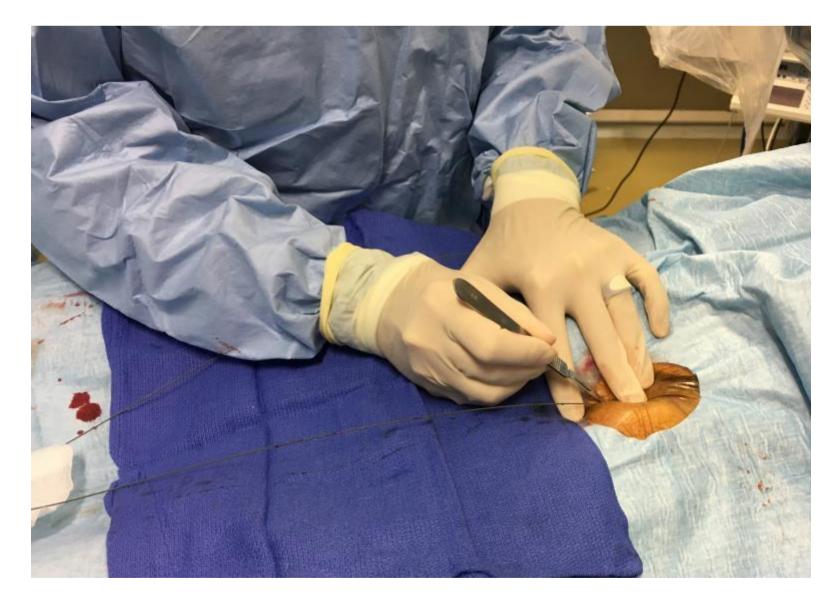




### Pre-closing: first insert 7fr introducer sheath



### Skin incision (Stent-Graft OD)

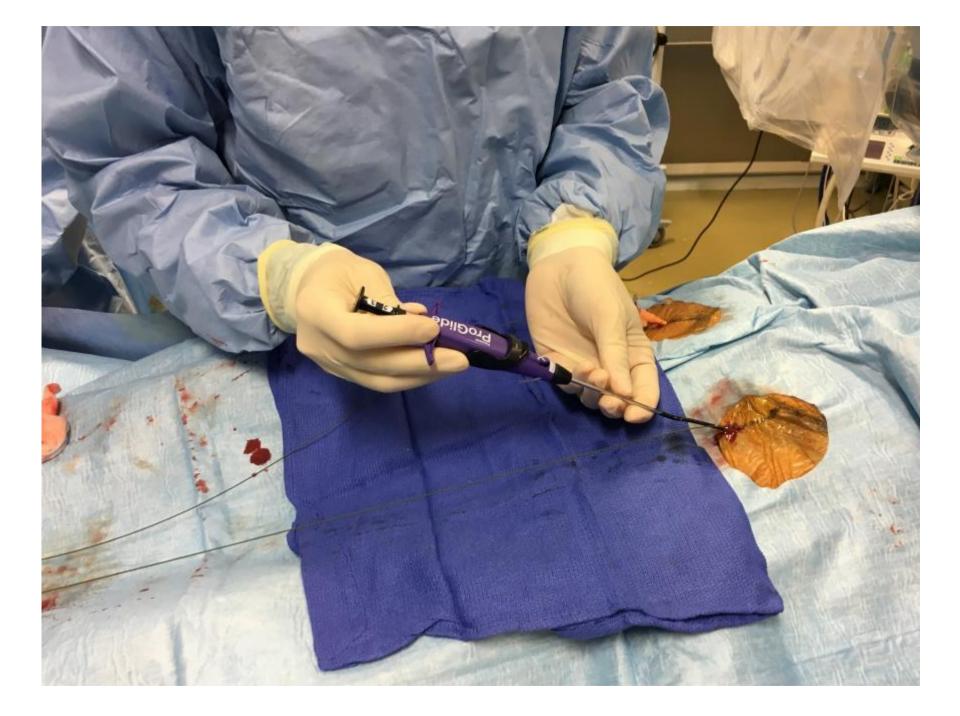


# 3. Double Proglide technique

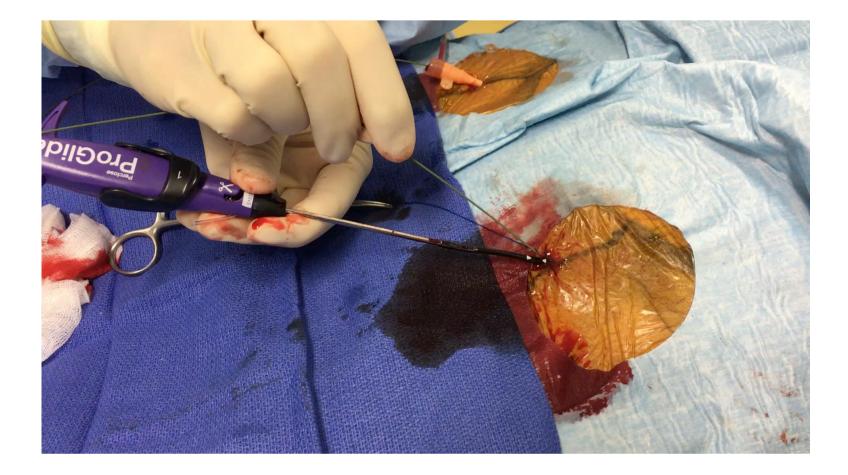


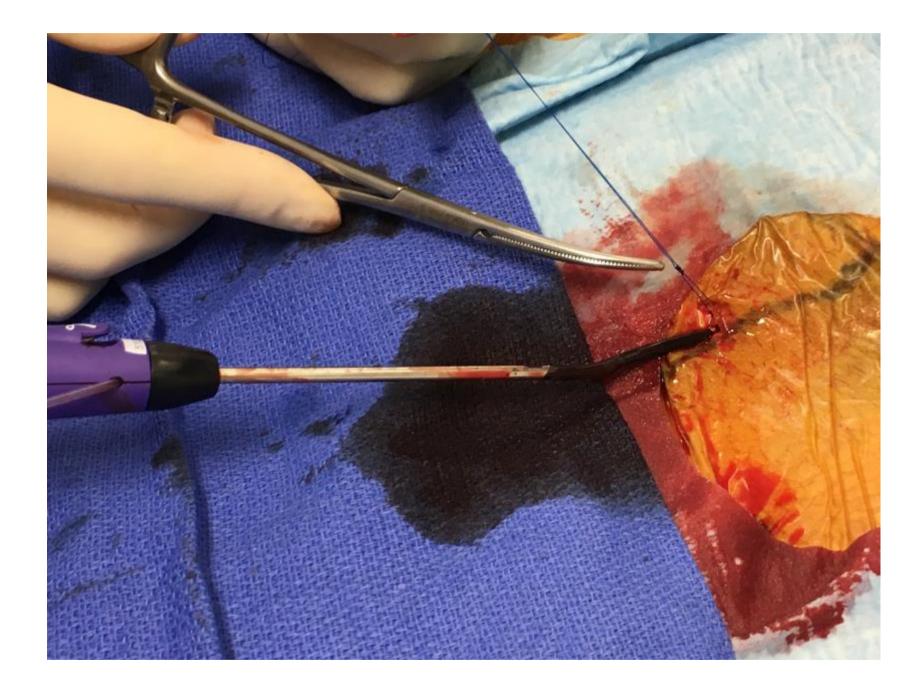


### Approved for large bore sheath up to 21 Fr

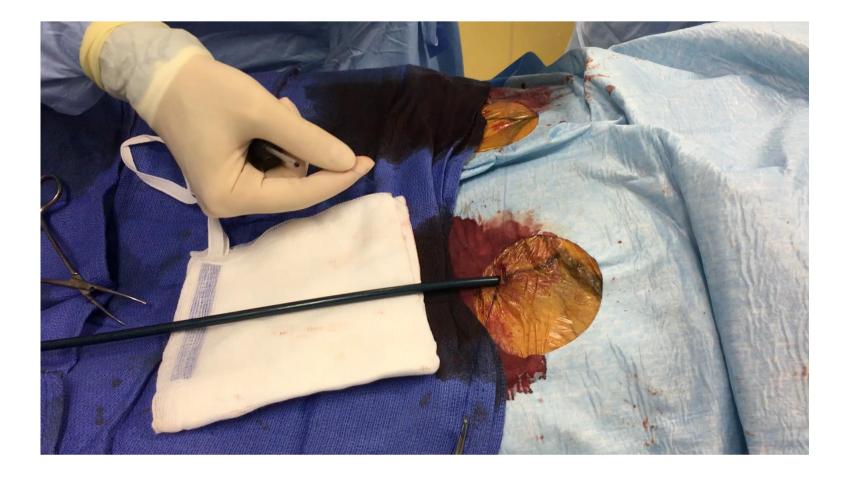


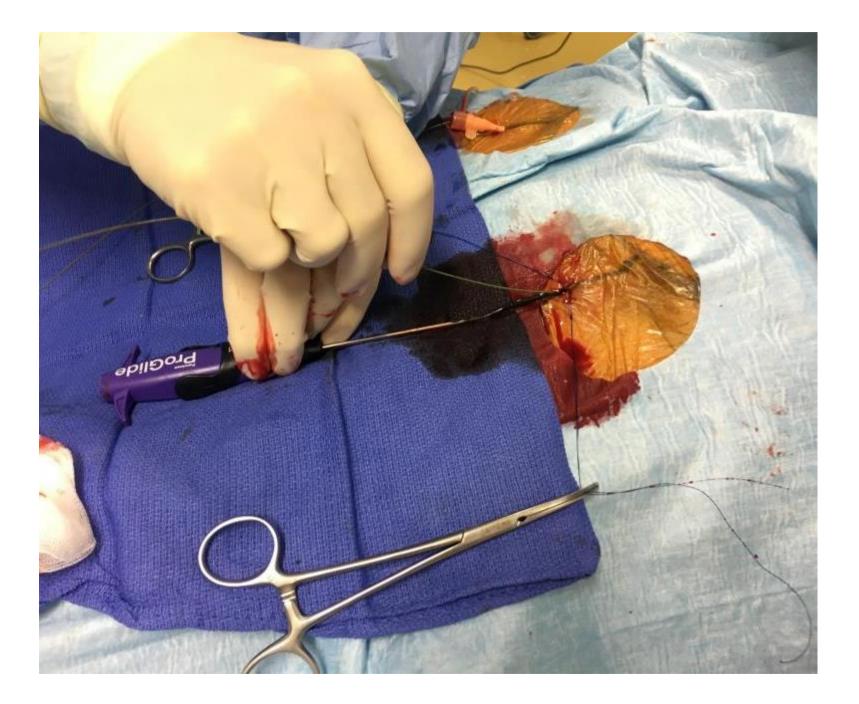


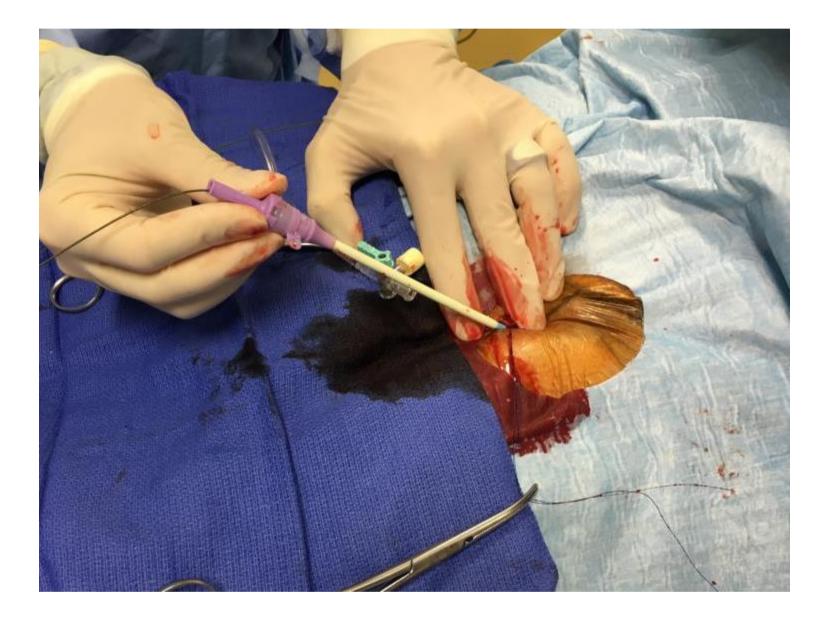


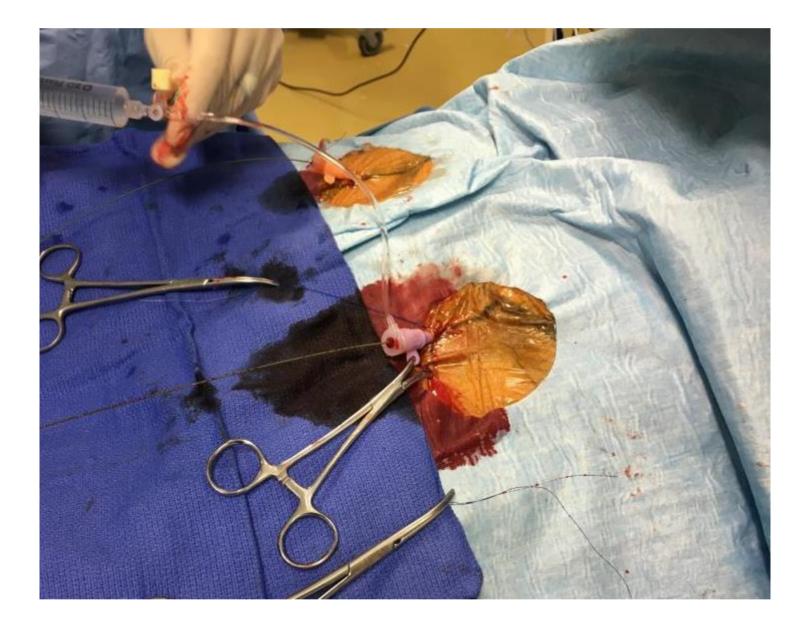




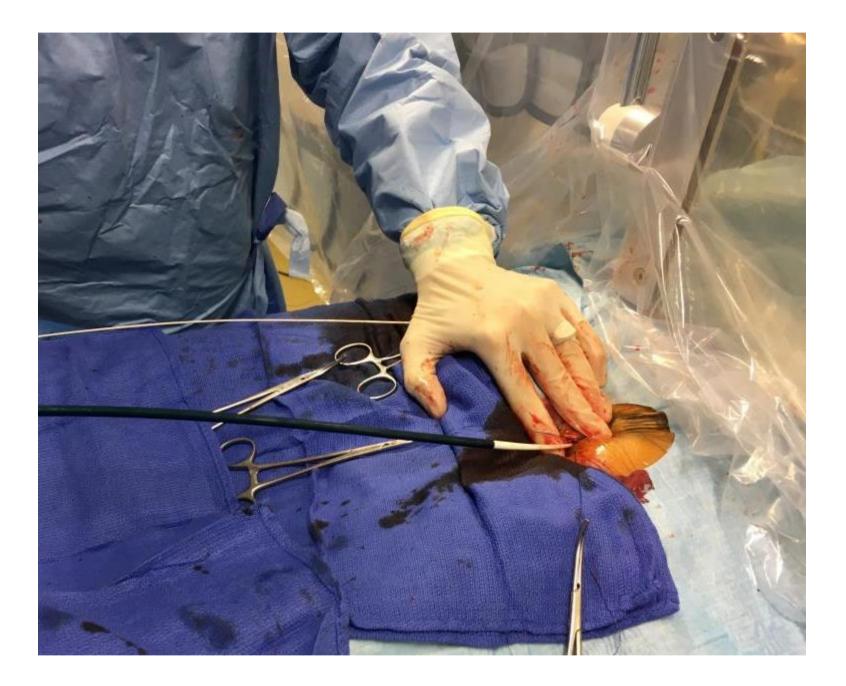


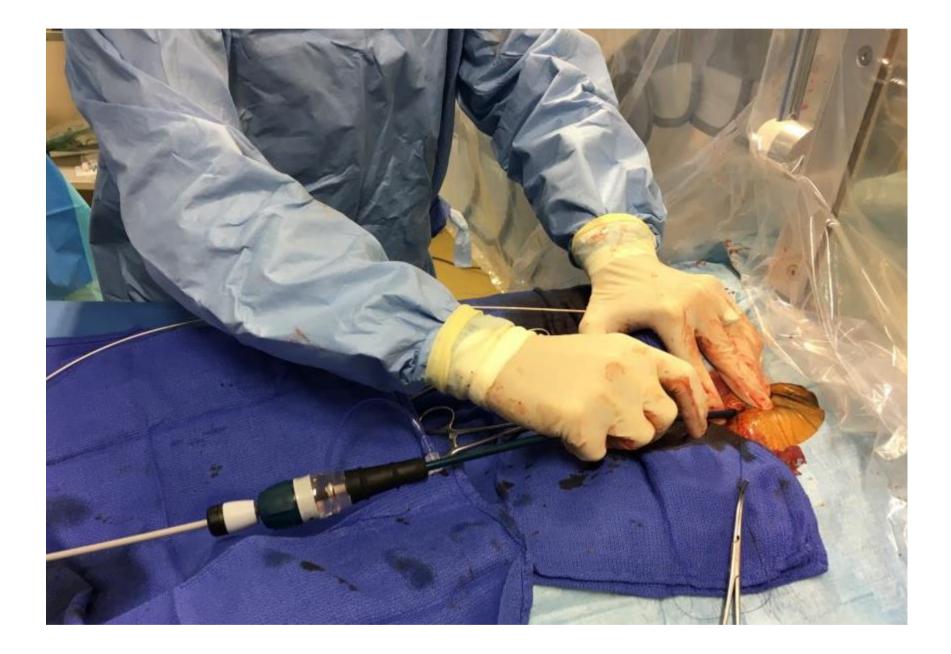




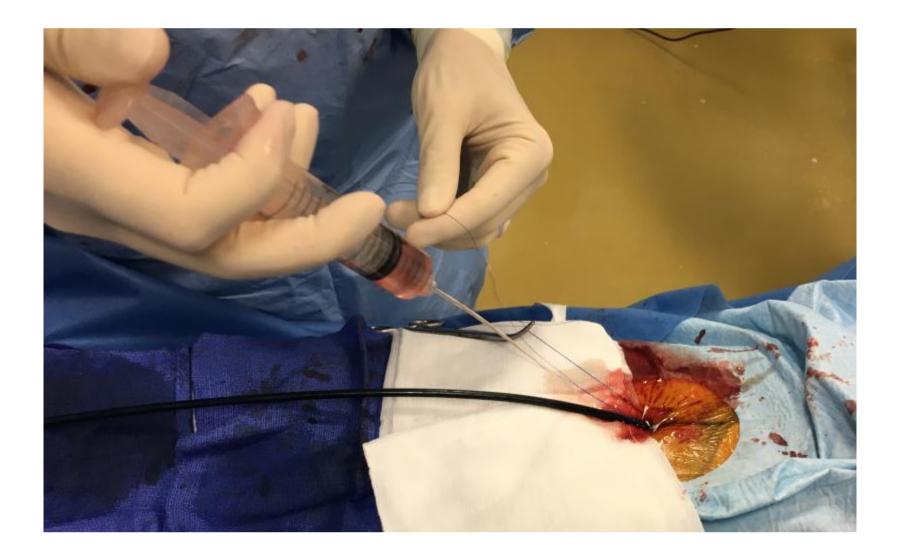




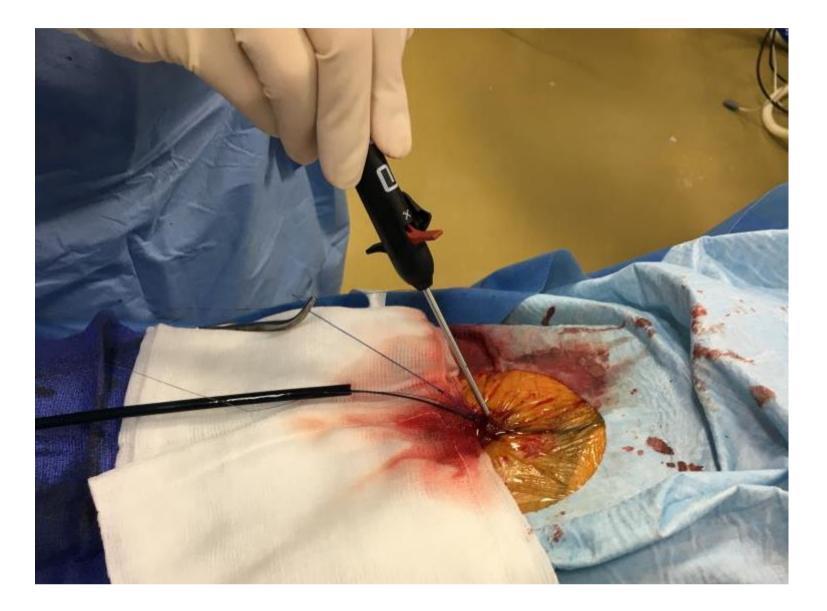


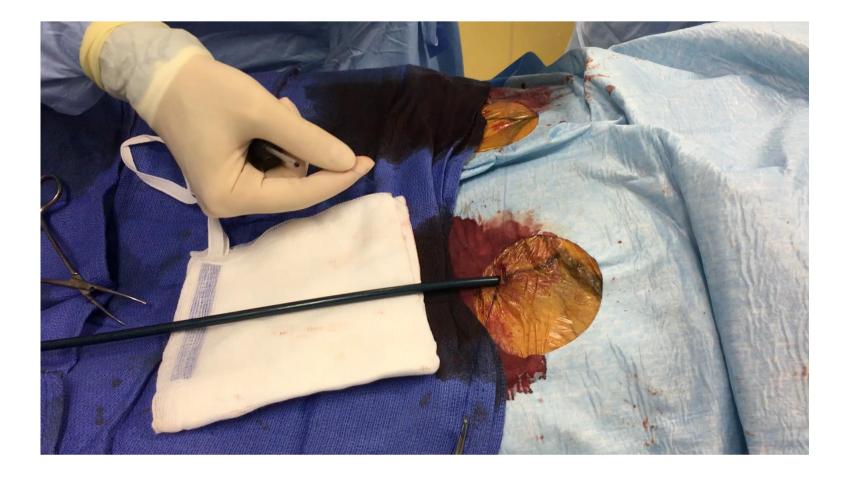








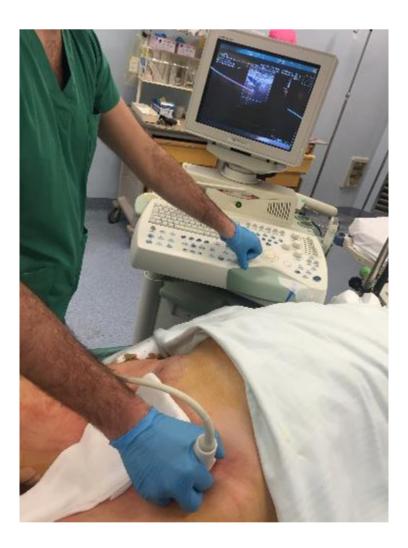




### 4. Progressive closure



## 5. Post-closure duplex and CT follow-up access sites examination





A Systematic Literature Review of the Efficacy and Safety of the Prostar XL Device for the Closure of Large Femoral Arterial Access Sites in Patients Undergoing Percutaneous Endovascular Aortic Procedures

Outcome	Effect measure	Absolute rate, n/N OR total patient number	Pooled result, effect size (95% CI) — random- effects model	Pooled result, effect size (95% CI) — fixed-effects model
Absolute rate of procedural success (access sites)	Average success rate with Prostar XL	624/692	91% (87%–95%)	92% (91–94%)
Absolute rate of procedural success (patients)	Average success rate with Prostar XL	426/481	89% (84%—94%)	92% (90—95%)
Total procedural time	Difference in procedural time between Prostar XL and surgical cut-down (weighted mean)	N = 193	62.4 (27.8–97.1) min	66.1 (57.7–74.4)
Complication rate	Risk ratio for complications (risk with Prostar XL 10 vs. Risk with surgical cut-down)	N = 189	0.87 (0.41–1.88)	0.94 (0.51–1.72)

The Prostar XL is an effective and safe device for use in percutaneous closure of large femoral artery sites, comparable to open surgical femoral artery cut-down

Haulon S et al., Eur J Vasc Endovasc Surg 2011

### Outcomes of total percutaneous endovascular aortic repair for thoracic, fenestrated, and branched endografts

2009-2014: 102 pts; total percutaneous closure was performed using two Perclose devices in 170 femoral arteries with ≥20F-diameter sheaths in 163 (96%)

- Technical success: 95%
- 3 thrombosis, 1 retrop hematoma, 1 pseudoaneurysm
- No access-related complications >30 days

**Table II.** Aneurysm extent and sheath size in 102 patients treated by thoracic, fenestrated, and branched stent grafts using percutaneous closure

Variable	No. (%)	
Type of repair		
Pararenal	48 (47)	
Thoracoabdominal	27 (26)	
Thoracic	19 (19)	
Aortoiliac	8 (8)	
Sheath size (by artery)		
<20F	7 (4)	
≥20F	163 (96)	

The rate of access related complications (5%) is similar to that reported for PEVAR of infrarenal AAAs using smaller-profile devices.

De Souza LR et al., J Vasc Surg 2015

### Italian Percutaneous EVAR (IPER) Registry: outcomes of 2381 percutaneous femoral access sites' closure for aortic stent-graft

G. PRATESI <sup>1</sup>, M. BARBANTE <sup>1</sup>, R. PULLI <sup>2</sup>, A. FARGION <sup>2</sup>, W. DORIGO <sup>2</sup> R. BISCEGLIE <sup>1</sup>, A. IPPOLITI <sup>1</sup>, C. PRATESI <sup>2</sup> on behalf of IPER Registry Collaborators

#### 192 TEVAR/f-bEVAR Technical success: 96.9%

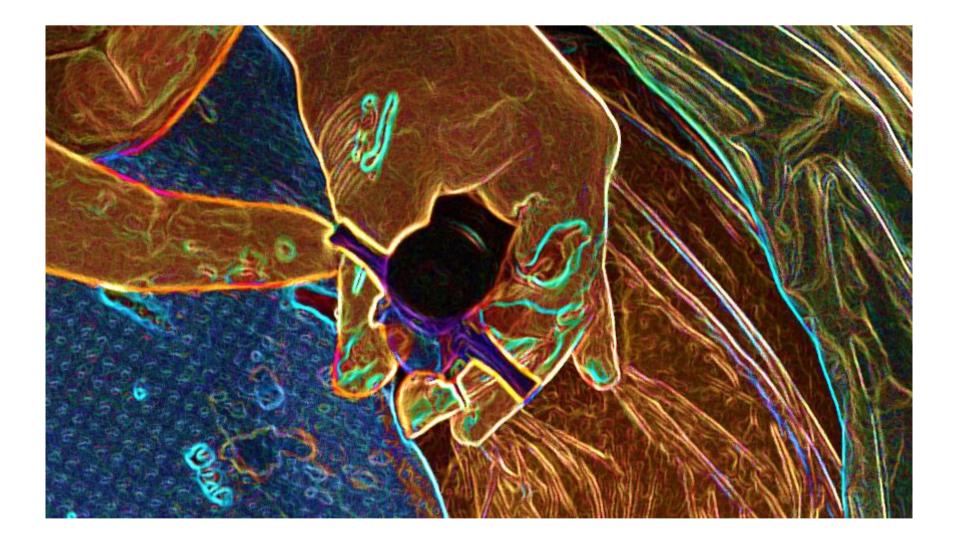
2189 EVAR

#### Technical success: 96.3%

	TEVAR/f-bEVAR (192/2381)	EVAR (2189/2381)	p
Fr device (mean ± SD)	21.3 ± 2.1	16.7 ± 3.4	.03
Profile > 20 Fr	54 (43.5%)	482 (21.3%)	.001
CFA diameter, mm (mean $\pm$ SD)	8.4 ± 1.7	8.2 ± 1.4	.15
CFA < 7 mm	9 (7.2%)	163 (7.2%)	.54
High CFA bifurcation	2 (1.6%)	64 (2.8%)	.32
CFA stenosis >50%	6 (4.8%)	66 (2.9%)	.16

J Cardiovasc Surg 2015

### How to improve outcomes in pEVAR: tips & tricks

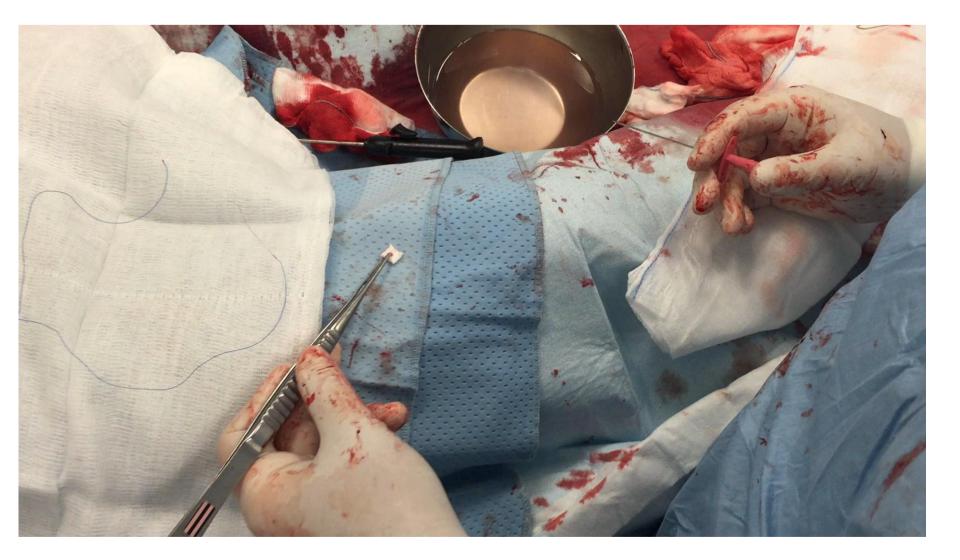


### pEVAR tips & tricks: one Proglide up to 14F femoral access

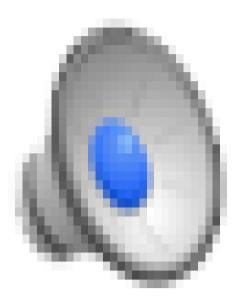


## pEVAR tips & tricks: sheath downsizing during complex f/bEVAR

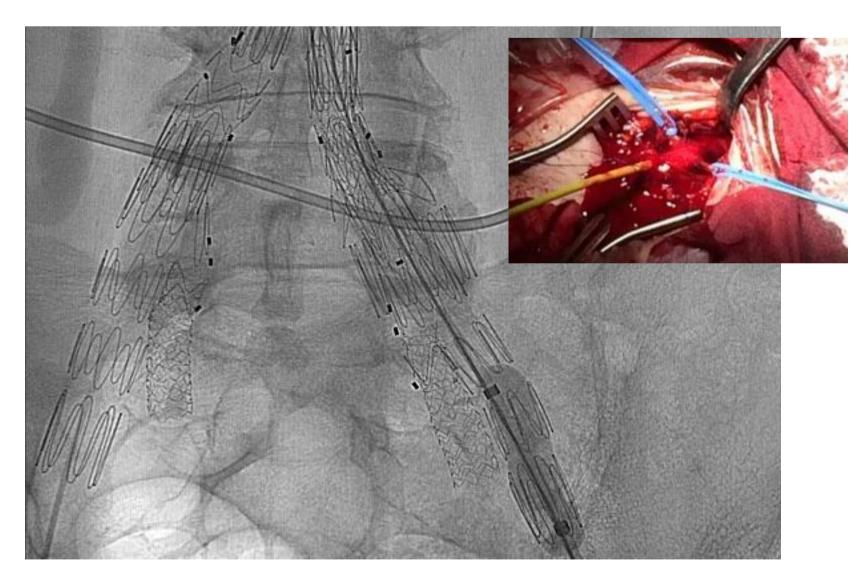
# pEVAR: tips & tricks pledgets with minor bleeding



### pEVAR: tips & tricks third Proglide if you are not satisfied



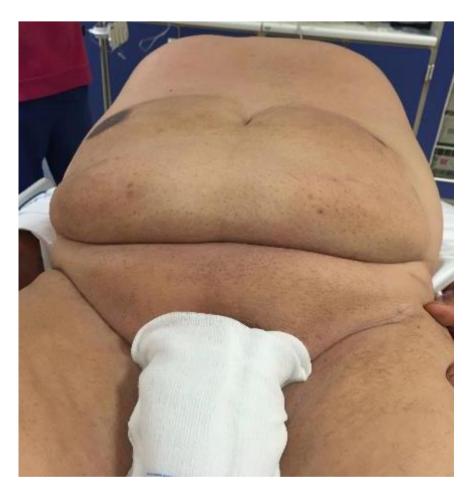
### *pEVAR: tips & tricks endoclamping in case of failure*



### Expanding pEVAR applicability: toward a 100% percutaneous closure

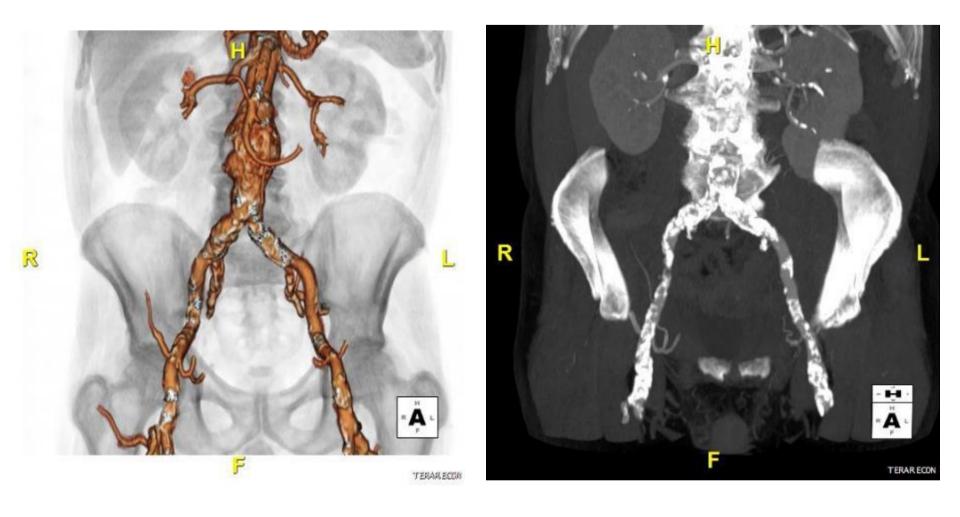


### Expanding pEVAR applicability: obese patient

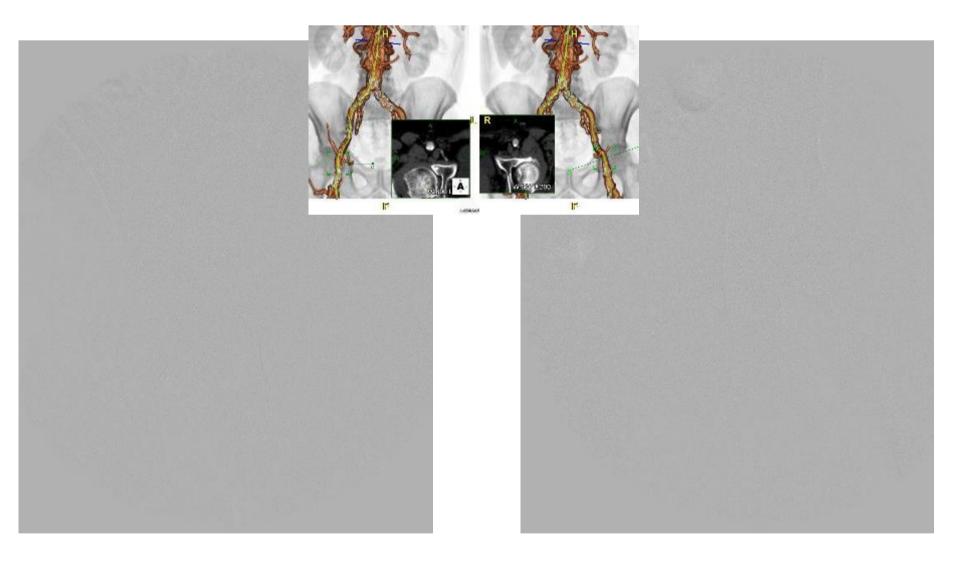




### Expanding pEVAR applicability: calcified common femoral arteries



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